

# **Disability & language Guidelines for the use of disability terms**

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# Guidelines for the use of disability terms

***"Disabled people are individuals, not medical conditions"***

## Introduction

The way that society responds to disability has changed dramatically in recent years. Until recently the community's response has been to leave it to medical and social service professionals to care for disabled people in institutions or at home, rather than recognising disabled people as equal and valued members of society. Only in the last decade have new ideas of equal civil rights for disabled people taken hold. Disabled people are not simply recipients of 'care' but share equal rights to participate in economic, social and political activities as equal citizens. We are at the beginning of a real culture shift that requires new expressions to describe disability issues. New concepts and values are being developed that are naturally reflected in the words we use.

Language is a very powerful tool. We use it to communicate with each other, to convey ideas, feelings and wishes. As disabled people become more conscious of their right to equal citizenship, some of our 'traditional' words and expressions can become inappropriate or even offensive.

We have two principal languages in Wales: Welsh and English. It is important that we use both languages in a way that minimises offence and positively reinforces the new disability rights culture in Wales.

These guidelines are intended to give constructive advice on words and expressions that should be used or avoided when talking about disability and disabled people. Welsh and English co-exist within the same culture in Wales and we should expect the same standard of courtesy and respect towards each other in both languages.

Translation may present specific problems and opportunities in both languages. We can not simply translate word for word from one language to the other, and we should remember that a term which may have derogatory connotations in one language (e.g. 'dumb' in English and 'afiach' in Welsh), may have a corresponding term in the other language (e.g. 'mud' in Welsh and 'unhealthy' in English) which does not have the same negative connotations.

In compiling this guide many individuals and groups of disabled people were consulted for their opinions about the terms relevant to disability. It is therefore their wishes about both Welsh and English that are expressed here, and although people do not always agree on which terms should and should not be used, we ask the people of Wales to consider carefully the type of vocabulary that they use in the field of disability, and show respect towards others through their use of words and expressions, in both English and Welsh.

## Two models of disability

Two models concerning disability have been developed over the last few years. One is termed the **medical model** and the other one is called the **social model**. The medical model describes an individual's problems in terms of their medical condition. The social model on the other hand regards the individual's problems as the result of the way society is organized. According to the medical model people in a wheelchair can not use a building because they have difficulty walking. According to the social model they can not use the building because the architect has designed the building without a suitable entrance for wheelchairs. The social model is the one used by disabled people, because this perspective encourages society to improve provision for the specific needs of disabled people.

## Impairment and disability

The disability movement differentiates between **impairment** and **disability** as follows:

**Impairment** is the functional limitation experienced by an individual because of a physical, mental or sensory condition. An **impairment** is the medical condition of an individual.

**Disability** is the loss or limitation of opportunities to take part in the everyday life of the community on an equal standing as others due to physical and social barriers. People are **disabled** by the barriers that result from their environment and from the attitudes within society that prevent them from playing a full part in that society.

## Emphasis on the individual

Of course each individual experiences their impairment in a different way. This is why we should avoid expressions such as ‘the disabled’ in English, or in Welsh ‘*yr anabl*’, which assumes that disabled people are a homogeneous group. In the same way ‘the deaf’, ‘the blind’, ‘the epileptic’, ‘the diabetic’ should not be used. Where we wish to identify people with specific conditions, use ‘people with visual impairments’, ‘people with hearing impairments’, ‘people with epilepsy’, ‘people with diabetes’ etc.

Some sections of the disability community have developed specific expressions that reflect their own concerns. Mental illness, for instance, still carries huge social stigma. The mental health movement has challenged this stigma by using the expression ‘people with mental health problems’. Similarly, we have moved away from terms such as ‘mental handicap’ to new expressions such as ‘people with learning difficulties’. It is in these areas of high stigma that language is evolving most rapidly as we learn to include people that have traditionally been treated worst by society.

Use	Do not use
disabled people <i>pobl anabl</i>	the disabled people with disabilities <i>pobl ag anabledd</i> <i>yr anabl</i>
people with hearing impairments <i>pobl fyddar</i>	the deaf <i>y byddar</i>
people with visual impairments <i>pobl ddall</i>	the blind <i>y dall</i>
people with epilepsy <i>pobl ag epilepsi</i>	epileptics
people with diabetes <i>pobl â diabetes</i>	diabetics

## Diabetes

In Welsh ‘diabetes’ has been described as ‘clefyd siwgr’ (literally ‘sugar disease’) which is unacceptable by diabetes groups as diabetes is a condition rather than a disease. Doctors do not approve of the term either as not all types of diabetes are linked with sugar. ‘Diabetes’ is a term which derives from Latin and Greek and it is therefore acceptable in Welsh and in English.

## Describing people who are not disabled

The English term ‘able-bodied person’ can cause offence because it assumes incapacity in a disabled person and reinforces the medical model of disability by focusing on the impairment. The preferred term is ‘non-disabled person’, i.e. someone who does not experience the barriers that disabled people face.

In Welsh, calling someone ‘corfforol abl’ ('able-bodied') implies a special physical ability and is condescending towards people with physical impairments who can take part in the same activities as people who are not disabled. Therefore in Welsh ‘pobl nad ydynt yn anabl’ should be used.

Ill-health and disability should not be confused. Non-disabled people should not be referred to as ‘healthy people’ as it reinforces the assumption that people with a physical or sensory impairment are ill. Similarly terms such as ‘normal’ should be avoided as it implies that a disabled person is ‘abnormal’. The culture shift that we are trying to reflect in these guidelines uses language to encourage recognition of diversity amongst humans. We want to ensure that the words and phrases include physical and sensory impairment, learning difficulty and mental health problems in the range of experience that society should incorporate. Simply, ‘normality’ includes disabled people.

Sometimes in Welsh ‘amhariad’ is used to translate ‘impairment’. However the most natural way in Welsh of expressing the idea of an impairment or particular problem related to the senses or faculties is to use the word ‘nam’. This term is much better than a literal translation from English and is generally more acceptable. If possible the impairment should be named in Welsh, using the construction ‘nam ar y...’ because this reinforces the concept that the impairment is limited to a specific medical condition and does not describe the whole person.

Use	Do not use
non-disabled people <i>pobl nad ydynt yn anabl</i>	able-bodied people healthy people <i>pobl iach</i> normal people <i>pobl normal</i>
disability <i>anabledd</i>	<i>analluedd</i>
disabled <i>anabl</i>	<i>analluog</i>

impairment <i>nam</i> <i>nam ar y corff</i> <i>nam ar y synhwyrau</i>	<i>amhariad</i> <i>amhariad ar y corff</i> <i>amhariad ar y synhwyrau</i>
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## Positive descriptions

Language can influence the way that we see a condition. A common description, both in English and Welsh, is that of someone ‘confined to a wheelchair’ (*‘yn gaeth mewn cadair olwyn’*). People who use wheelchairs argue that a wheelchair doesn’t confine them but rather it liberates them as it is the wheelchair that enables them to move around. Therefore ‘confined to a wheelchair’ should not be used, and ‘uses a wheelchair’/ ‘wheelchair user’ should be used instead. In Welsh ‘*yn gaeth i gadair olwyn*’ should not be used, and ‘*yn defnyddio cadair olwyn*’ or ‘*mewn cadair olwyn*’ should be used instead.

Another increasingly inappropriate phrase that can cause offence is ‘special needs’ (*‘anghenion arbennig’* in Welsh). The term reinforces the assumption that disabled people should not expect to use facilities or participate in activities as a general right. Instead ‘special’ facilities are provided to meet ‘special’(i.e. abnormal) needs. Just as a female toilet or baby-changing facilities are now expected as standard provisions and not as ‘special’ facilities for women or parents, so disabled people should not have their personal requirements regarded as ‘special’ needs. Use ‘specific requirements’ (*‘anghenion penodol’*) as a standard term to describe facilities needed by disabled people to participate in activities.

Phrases such as ‘suffering from...’ also have a particular meaning. Emphasising the suffering of an individual tends to underline the medical condition or impairment. If a condition must be specified, describe a person as having a particular condition. For the same reasons describing a disabled person as a ‘patient’ (in Welsh ‘*claf*’) is not recommended either unless the person referred to is actually a patient in an acute unit. Use ‘client’ or ‘customer’ (in Welsh ‘*cleient*’ and ‘*cwsmer*’) to refer to the person’s use of services offered by Social Services and other agencies.

Use	Do not use
wheelchair users <i>pobl sy’n defnyddio cadair olwyn</i> <i>pobl mewn cadair olwyn</i>	people confined to a wheelchair <i>pobl sy’n gaeth i gadair olwyn</i>
specific needs/requirements <i>anghenion penodol</i>	special needs <i>anghenion arbennig</i>

people with a particular condition/people who have a specific condition <i>pobl sydd â chyflwr arbennig</i>	people who suffer from a particular condition <i>pobl sy'n dioddef o gyflwr arbennig</i>
client <i>cleient</i> customer <i>cwsmer</i>	patient <i>claf</i>

## Words that have acquired an offensive meaning

Some words cause offence either because their original meanings were offensive or because everyday use has given them new offensive connotations. It is in this class of words that the greatest difference can be seen between Welsh and English as the vocabulary of both languages do not have the same roots and the same words have not been used in an offensive way in both languages.

In English the term ‘handicap’ has acquired a totally negative meaning. Deriving from a 17th century betting game, it is more familiar in horse racing and golf as a term to describe the burden that faster horses and better golfers have to bear to give others an even chance. The use of the term to describe disabled people as a burden is obviously offensive, an idea that is reinforced by the association with ‘cap-in-hand’ that can be interpreted to mean begging.

In Welsh ‘handicapped’ is translated as ‘o dan anfantais’ (‘under a disadvantage’). This term does not have the same negative connotations as ‘handicapped’. However it is also used to translate ‘disadvantaged’, and it is better to use it in Welsh in the context of socially disadvantaged. ‘Anabl’ and ‘disabled’ should be used instead of ‘o dan anfantais’ or ‘handicapped’ in the context of disability.

‘Invalid’ is another term in English that is unacceptable to those who remember its origins ‘in-valid’ (not valid). Once again it is better to use ‘disabled’ in English and ‘anabl’ in Welsh.

Although ‘dumb’ originally was a factual description of people who could not speak it has acquired a very offensive meaning in English. In Welsh, however, ‘mud’ does not have the same offensive meaning as ‘dumb’ and is acceptable. However, ‘mudan’ in Welsh (‘a mute person’) can be offensive and this is a term that should be avoided. It is recommended that ‘without speech’ be used in English rather than ‘dumb’, with the corresponding term in Welsh being ‘heb leferydd’.

'Spastic' has acquired an offensive meaning in English and it is recommended now that 'cerebral palsy' be used instead. As 'sbastig' in Welsh is closely related to 'spastic' in English, it would be better to avoid it as well and use 'parlys yr ymennydd' instead.

Use	Do not use
disabled <i>anabl</i>	handicapped invalid
without speech <i>mud</i> <i>heb leferydd</i>	dumb <i>mudan</i>
cerebral palsy <i>parlys yr ymennydd</i>	spastic <i>sbastig</i>

## British Sign Language and other non-verbal languages

British Sign Language is a language like any other language. It has its own grammar and syntax and it is not dependent on either English or Welsh. It is incorrect in Welsh therefore to use 'lladmerydd' or 'dehonglydd' to describe someone who translates into or out of this language, and 'cyfieithydd' or 'cyfieithydd ar y pryd' should be used as with other languages. 'Sign language interpreter' in English and 'cyfieithydd iaith arwyddion' in Welsh should be used. 'Signer' should not be used in English or 'arwyddwr' in Welsh for those who use the language to communicate.

This language uses more than hand gestures alone. The rest of the body and the face are other means of expressing the language, and therefore 'iaith dwylo' ('hand language') should not be used in Welsh and 'iaith arwyddion' ('sign language') should be used instead. Similarly, tactile communication for deaf-blind people using touch-type equipment or hand-to-hand communication has its own terminology.

Use	Do not use
sign language interpreter <i>cyfieithydd iaith arwyddion</i>	signer <i>lladmerydd</i> <i>dehonglydd</i> <i>arwyddwr</i>

sign language <i>iaith arwyddion</i>	<i>iaith dwylo</i>
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## Final Comment

Of course, changing our attitudes to disability requires more than just using ‘correct’ words, it means tackling the values and assumptions behind the expressions we use. These guidelines reflect current thinking but the ideas and the words we use are ever-evolving, and as a result both Welsh and English are also changing. Whatever language is used, it is part of that evolution.

Hopefully this guide will encourage people to think of disabled people in a more positive way. By doing so people will not have to rely on text-book guidelines in the future but the language will flow easily as a result of their attempts to see everybody as equal citizens within society. In the meantime, we must all work together to make sure that our languages are alive to change - part of the solution and not part of the problem for disabled people in Wales.

## How to use the terminology

The terms and expressions in this guide cover issues raised in different contexts. Some reflect current disability legislation such as the Disability Discrimination Act 1995 and have very precise legal definitions. Others are used to describe medical and technical conditions and facilities. Probably the most important to understand, though, are the terms that have been coined by disabled people and their organisations, the disability movement. These terms also have meanings that may be more precise than the way words are used by others.

Some of the names of organisations, benefits etc. found in the terminology list are official ones used by the organisations themselves. Some of these names are old and do not conform to current recommendations on usage. The inclusion of such official names is merely for information's sake, and should not be taken as approval of deprecated terms contained in them.

### Abbreviations

**adf** - adferf (*adverb*)

**ans** - ansoddair (*adjective*)

**be** - berfenw (*verb*)

**eb** - enw benywaidd (*femine noun*)

**eg** - enw gwrywaidd (*masculine noun*)

**eg/b** - enw gwrywaidd neu fenywaidd (*masculine/femine noun*)

**ell** - enw llosgog (*plural noun*)

**adj** - adjective

**adv** - adverb

**n** - noun

**v** - verb

The parts of speech refer to the whole term in terms containing more than one word, and not to individual words within the term.

## English - Welsh

### A

**abdominal and spinal support** *n* teclyn cynnal i'r bol a'r asgwrn cefn eg teclynnau  
cynnal i'r bol a'r asgwrn cefn

**ability** gallu *be*

**ability and aptitude** gallu a thueddfryd

**ability to recognise physical danger** gallu i adnabod perygl corfforol *be*

**able bodied** corfforol abl *ans*

*This term should not be used. Use 'non disabled' instead.*

**abnormal** annormal *ans*

**access** (= get at information etc) *v* cael at *be*

**access** (= get into a building etc) *v* cael mynediad i *be*

**access** (= means of approaching) *n* mynediad eg

**access** (= place of entry) *n* mynedfa eb mynedfeydd

**access a public building** *v* cael mynediad i adeilad cyhoeddus *be*

**access centre** *n* canolfan fynediad eb canolfannau mynediad

**access to work** mynediad at waith eg

**accessibility** hygyrchedd eg

**accessibility regulation** rheoliad hygyrchedd eg rheoliadau hygyrchedd

**accessible (in everyday speech)** hawdd cael ato/ati *ans*

**accessible (in technical context)** hygyrch *ans*

**accessible WC** toiled hygyrch eg toiledau hygyrch

**accommodate** (= adapt) cymhwys o *be*

**accommodate** (= provide lodging) lletya *be*

**accommodation** llety eg lletyau

**accountability** atebolrwydd eg

**achieve** cyflawni *be*

**achieve the objective** cyflawni'r amcan *be*

**Acne Support Group** Grŵp Cefnogaeth Acne eg

**act on behalf of** gweithredu ar ran *be*

**Action for Autism** Gweithredu dros Awtistiaeth *be*

**Action for Blind People** Gweithredu dros Bobl Ddall *be*

**Action for Dysphasic Adults** Gweithredu dros Oedolion sydd â Dysffasia *be*

**Action for ME** Gweithredu dros ME *be*

**action group** grŵp gweithredu eg grwpiau gweithredu

**action pack** pecyn gweithredu eg pecynnau gweithredu

**activity group** grŵp gweithgaredd eg grwpiau gweithgaredd

**acupuncture** aciwbigo *be*

**adult fostering scheme** cynllun maethu oedolion eg cynlluniau maethu oedolion

**advice** cyngor eg cynghorion

**Advice and Conciliation Service** Gwasanaeth Cynggori a Chymodi eg

**adviser** ymgynghorydd eg ymgynghorwyr

**Advisory, Conciliation, and Arbitration Service** Gwasaneth Cyngori, Cymodi a Chyflafareddu eg  
**advocacy** eiriolaeth eb  
**advocate** *n* eiriolwr eg eiriolwyr  
**advocate** *v* eiriol be  
**AFASIC** Trechu Namau Llefaru be  
**Age Concern** Gofal Henoed eg  
**agreement** cytundeb eg cytundebau  
**aid** *v* rhoi cymorth be  
**aid (= appliance)** *n* teclyn eg teclynnau  
**aid (in general)** *n* cymorth eg cymhorthion  
**aid for children with tracheotomies** cymorth i blant wedi cael traceotomiāu eg  
**aids and equipment for disabled people** cymhorthion a chyfarpar i bobl anabl e/  
**aids to communication in education centre** canolfan cymhorthion cyfathrebu mewn addysg  
**allowance** lwfans eg lwfansau  
**Alzheimer's Disease Society** Cymdeithas Clefyd Alzheimer eb  
**amplifier** mwyhadur eg mwyhaduron  
**anti-discrimination notice** rhybudd yn erbyn gwahaniaethu eg rhybuddion yn erbyn gwahaniaethu  
**aphasia** affasia eg  
**Arachnoiditis Trust** Ymddiriedolaeth Arachnoiditis eb  
**area authority** awdurdod rhanbarthol eg awdurdodau rhanbarthol  
**area health authority** awdurdod iechyd rhanbarthol eg awdurdodau iechyd rhanbarthol  
**arm appliance** teclyn cymorth i'r fraich eg teclynnau cymorth i'r breichiau  
**arm-rest** lle i orffwys breichiau eg llefydd i orffwys breichiau  
**Arthritis Care** Gofal am Arthritis eg  
**artificial aid** *n* teclyn artiffisial eg teclynnau artiffisial  
**artificial breast** bron artiffisial eb bronnau artiffisial  
**artificial eye** llygad artiffisial eg llygaid artiffisial  
**artificial limb** aelod artiffisial eg aelodau artiffisial  
**arts and disability issue** mater anabledd a'r celfyddydau eg materion anabledd a'r celfyddydau  
**Arts Disability Wales** Celfyddydau Anabledd Cymru e/  
**assessment** asesiad eg asesiadau  
**assessment of individual's needs** asesiad o anghenion unigolyn eg asesiadau o anghenion unigolyn  
**Association for Spina Bifida and Hydrocephalus** Cymdeithas Spina Bifida a Hydroceffalws eb  
**Association to Aid the Sexual and Personal Relationships of Disabled People** Cymdeithas Cynorthwyo Perthynas Rywiol a Phersonol i Bobl Anabl eb  
**Ataxia-Telangiectasia Society** Cymdeithas Atacsia-Telangiectasia eb  
**attachment (= accessory)** atodyn eg atodion  
**attachment (to a person)** ymlyniad eg ymlyniadau  
**attendance allowance** lwfans gweini eg lwfansau gweini

**attended filling station** gorsaf betrol gyda chymorth *eb* gorsafoedd petrol gyda chymorth  
**audio cassette** casét sain *eg* casetiau sain  
**auditory nerve** nerf y clyw *eg* nerfa'r clyw  
**automatic interior door** drws mewnol awtomatig *eg* drysau mewnol awtomatig  
**available for work** ar gael i weithio  
**awareness** ymwybyddiaeth *eb*  
**Awear** Cymdeithas Genedlaethol Gweithdai Dillad *eb*

## B

### balance (= equilibrium) *n cydbwysedd eg*

**basic aid** cymorth sylfaenol *eg*  
**basic grant** grant sylfaenol *eg* grantiau sylfaenol  
**bath aid** teclyn bath *eg* teclynnau bath  
**bath board** bord bath *eg* bordiau bath  
**bath lift** lifft bath *eg* lifftiau bath  
**bath mat** mat bath *eg* matiau bath  
**bath seat** sedd bath *eb* seddau bath  
**bed wetting** gwlychu'r gwely *be*  
**befriend** cyfeillio *be*  
**befriender** cyfaill gwirfoddol *eg* cyfeillion gwirfoddol  
**befriending scheme** cynllun cyfeillio *eg* cynlluniau cyfeillio  
**behavioural indicator** arwydd ymddygiadol *eg* arwyddion ymddygiadol  
**Behcet's Syndrome Society** Cymdeithas Syndrom Behcet *eb*  
**belt** gwregys *eg* gwregysau  
**benefit v elwa** *be*  
**benefit (payment)** *n* budd-dal *eg* budd-daliadau  
**Benefits Enquiry Line** Llinell Ymholiadau am Fudd-daliadau *eb*  
**Birmingham Royal Institution for the Blind** Sefydliad Brenhinol Birmingham i'r Deillion *eg*  
**bladder and bowel problem** problem y bledren a'r coluddion *eb* problemau'r bledren a'r coluddion  
**blind person** person dall *eg* pobl ddall  
**Braille measuring device** dyfais mesur mewn Braille *eb* dyfeisiau mesur mewn Braille  
**BRIDGES** BRIDGES *eg*  
**British Aphasiology Society** Cymdeithas Affasioleg Prydain *eb*  
**British Association of Cancer United Patients** Cymdeithas Unedig Cleifion Canser Prydain *eb*  
**British Computer Society** Cymdeithas Cyfrifiaduron Prydain *eb*  
**British Council of Organisations of Disabled People (BCODP)** Cyngor Cymdeithasau Pobl Anabl Prydain (CCPAP) *eb*  
**British Deaf Association** Cymdeithas Pobl Fyddar Prydain *eb*  
**British Diabetic Association** Cymdeithas Diabetes Prydain *eb*

**British Dyslexia Association** Cymdeithas Dyslecsia Prydain *eb*  
**British Epilepsy Society** Cymdeithas Epilepsi Prydain *eb*  
**British Institute of Learning Difficulties** Sefydliad Anawsterau Dysgu Prydain *eg*  
**British Limbless Ex-Servicemen's Association** Cymdeithas Cyn-filwyr heb  
Aelodau Prydain *eb*  
**British Paralympic Association** Cymdeithas Baralypaidd Prydain *eb*  
**British Polio Fellowship** Cymdeithas Polio Prydain *eb*  
**British Sign Language (BSL)** Iaith Arwyddion Prydain (IAP) *eb*  
**British Sjogren's Syndrome Association** Cymdeithas Syndrom Sjogren Prydain  
*eb*  
**British Sport Association for the Disabled** Cymdeithas Chwaraeon Prydain i  
Bobl Anabl *eb*  
**British Stammering Association** Cymdeithas Atal Dweud Prydain *eb*  
**British Surgical Trades Association** Cymdeithas Masnachau Llawfeddygol  
Prydain *eb*  
**British Wheelchair Sports Foundation** Sefydliad Chwaraeon Cadair Olwyn  
Prydain *eg*  
**British Wireless for the Blind Fund** Cronfa Radio Prydain i'r Deillion *eb*  
**Broadcasting Support Services** Gwasanaethau Cefnogi Darlledu *ell*  
**Burma Star Association** Cymdeithas Seren Burma *eb*

## C

**care *n*** gofal *eg*  
**care *v*** gofalu *be*  
**Care and Repair Cymru** Gofal a Thrwsio Cymru *eg*  
**care assessment** asesiad gofal *eg* asesiadau gofal  
**care needs** anghenion gofal *ell*  
**carer** gofalydd *eg* gofalwyr  
**Carers Line** Llinell Gofalwyr *eb*  
**Carers National Association** Cymdeithas Genedlaethol y Cynhalwyr *eb*  
 *The society centrally adheres to 'Cynhalwyr' in their Welsh title, but a number of local branches prefer to use the term 'Gofalwyr', and 'gofalydd' is recommended as the term for 'carer' in Welsh.*  
**carer's premium** premiwm gofalydd *eg* premiymau gofalydd  
**carers' support** cynnal gofalwyr *be*  
**caring agency** asiantaeth ofalu *eb* asiantaethau gofalu  
**caring profession** proffesiwn gofal *eg* proffesiynau gofal  
**Catholic Blind Institute** Sefydliad Pabyddol y Deillion *eg*  
**central control panel** panel rheoli canolog *eg* paneli rheoli canolog  
**central enquiry unit** uned ymholaethau canolog *eb* unedau ymholaethau canolog  
**central unit** uned ganolog *eb* unedau canolog  
**centre (= place or group of buildings)** canolfan *eg/b* canolfannau  
**Centre for Accessible Environments** Canolfan Amgylcheddau Hygrych *eb*  
**centre for independent living** canolfan byw'n annibynnol *eb* canolfannau byw'n  
annibynnol

**centre for integrated living** canolfan byw'n integredig *eb* canolfannau byw'n integredig  
**centre for micro-assisted communications** canolfan cyfathrebu â chymorth micro *eb* canolfannau cyfathrebu â chymorth micro  
**cerebral palsy** parlys yr ymennydd eg  
**Chailey Heritage** Treftadaeth Chailey *eb*  
**Chalfont Centre for Epilepsy** Canolfan Epilepsi Chalfont *eb*  
**challenging behaviour** ymddygiad anhydriñeg  
**Charity for Incontinent and Stoma Children** Elusen Anymataliaeth a Stoma mewn Plant *eb*  
**Chatback Trust** Ymddiriedolaeth Chatback *eb*  
**child** plentyn eg plant  
**Children's Head Injury Trust** Ymddiriedolaeth Plant sydd ag Anaf i'r Pen *eb*  
**chiropody service** gwasanaeth trin traed eg gwasanaethau trin traed  
**Citizen's Advice Bureau (CAB)** Canolfan Gynghori (CG) *eb* Canolfannau Cynghori  
**claimant adviser** ymgynghorydd hawlwr eg ymgynghorwyr hawlwr  
**Cleft Lip and Palate Association** Cymdeithas Gwefus a Thaflod Holtt *eb*  
**closed circuit TV** teledu cylch caeedig eg  
**Coeliac Association Ltd.** Cymdeithas Coeliac Cyf. *eb*  
**College of Health** Coleg Iechyd eg  
**colour contrast** cyferbyniad lliw eg

### commode **comôd** eg comodau

**communication aid** cymorth cyfathrebu eg cymhorthion cyfathrebu  
**communication aids centre** canolfan cymhorthion cyfathrebu *eb* canolfannau cymhorthion cyfathrebu  
**communication support** cefnogaeth cyfathrebu *eb*  
**Communications Forum** Fforwm Cyfathrebu eg  
**community** cymuned *eb* cymunedau  
**community action** gweithredu yn y gymuned *be*  
**community care** gofal yn y gymuned eg  
**Community Care Charter** Siarter Gofal yn y Gymuned eg  
**community care service** gwasanaeth gofal yn y gymuned eg gwasanaethau gofal yn y gymuned  
**community mental health centre** canolfan iechyd meddwl yn y gymuned *eb* canolfannau iechyd meddwl yn y gymuned  
**community mental health nurse** nyrs cymuned iechyd meddwl *eb* nyrsus cymuned iechyd meddwl  
**community mental health team** tîm cymuned iechyd meddwl *eg* timau cymuned iechyd meddwl  
**community nurse** nyrs cymuned *eb* nyrsus cymuned  
**community outreach project** cynllun estyn allan i'r gymuned eg cynlluniau estyn allan i'r gymuned  
**Community Service Volunteer** Gwirfoddolwr Gwasanaeth Cymunedol eg

**concession** consesiwn eg consesiynau  
**conciliation officer** swyddog cymodi eg swyddogion cymodi  
**congenital deformity** anffurfiad cynhenid eg anffurfiadau cynhenid  
**Contact a Family** Cyswllt â Theulu eg  
**continence** ymataliaeth *eb*  
**continence aid** teclyn cymorth ymatal eg teclynnau cymorth ymatal  
**Continence Foundation** Sefydliad Ymataliaeth eg  
**continence pad** pad ymatal eg padiau ymatal  
**contract worker** gweithiwr o dan gcontract eg gweithwyr o dan gcontract  
**control (= controlling mechanism of a car)** dull llywio eg dulliau llywio  
**control of limbs** rheoli aelodau *be*  
**council** cyngor eg cynghorau  
**Council for Disability** Cyngor Anabledd eg  
**Council for Disabled Children** Cyngor Plant Anabl eg  
**Council for the Advancement of Communication with Deaf People** Cyngor Hyrwyddo Cyfathrebu â Phobl Fyddar eg  
**Council of Community Care** Cyngor Gofal Cymuned eg  
**Council of Voluntary Service** Cyngor Gwasanaeth Gwirfoddol eg  
**Crossroads** Cymdeithas Cynlluniau Gofalwyr Crossroads Cyf *eb*  
**crutch** ffon fagl *eb* ffyn baglau  
**cushion** *n* clustog eg clustogau  
**Cystic Fibrosis Research Trust** Ymddiriedolaeth Ymchwil Ffibrosis Cystig *eb*

## D

**daily living** byw bob dydd *be*  
**David Lewis Centre** Canolfan David Lewis *eb*  
**day-care provider** darparwr gofal dydd eg darparwyr gofal dydd  
**day-to-day needs** anghenion dydd i ddydd *ell*  
**deaf** byddar *ans*  
**deaf and blind person** person dall a byddar eg pobl ddall a byddar  
**deaf and dumb** mud a byddar *ans*  
 *This term should not be used, as 'dumb' has negative connotations. The Welsh equivalent 'mud' does not have negative connotations. Use 'without speech' in English.*  
**deaf and hard of hearing person** person sy'n fyddar ac yn drwm ei glyw eg pobl sy'n fyddar ac yn drwm eu clyw  
**Deaf Awareness** Ymwybyddiaeth o Fyddardod *eb*  
**deaf person** person byddar eg pobl fyddar  
**deafness** *n* byddardod eg  
**definition of disability** diffiniad o anabledd eg diffiniadau o anabledd  
**dementia** dementia eg  
**Department of Transport** Adran Drafnidiaeth *eb*  
**Department of Transport Mobility Unit** Uned Symudedd yr Adran Drafnidiaeth *eb*  
**dermatologist** dermatolegydd eg dermatolegwyr

## **Dermatomyositis and Polymyositis Support Group** Grŵp Cefnogaeth

Dermatomyositis a Polymyositis eg

**device** dyfais eb dyfeisiau

**diabetes** diabetes eg

*The term ‘clefyd siwgwr’ should not be used in Welsh since it is not a disease and not always linked to sugar.*

**DIAL** Llinell Gyngor am Wybodaeth Anabledd eb

**Dial-a-Ride scheme** cynllun “Dial-a-Ride” eg

**difficulty** anhawster eg anawsterau

**disability** anabledd eg anableddau

**Disability Action Group** Grŵp Gweithredu ar Anabledd eg

**disability advice centre** canolfan cynghori ar anabledd eb canolfannau cynghori ar anabledd

**disability adviser** ymgynghorydd anabledd eg ymgynghorwyr anabledd

**Disability Alliance** Cynghrair Anabledd eb

**disability benefit** budd-dal anabledd eg budd-daliadau anabledd

**disability benefit centre** canolfan budd-daliadau anabledd eb canolfannau budd-daliadau anabledd

**Disability Benefits Line** Llinell Gymorth Budd-daliadau Anabledd eb

**Disability Discrimination Act** Deddf Gwahaniaethu ar Sail Anabledd eb

**disability employment adviser** ymgynghorydd cyflogi pobl anabl eg

    ymgynghorwyr cyflogi pobl anabl

**Disability Equality Training** Hyfforddiant Cydraddoldeb Anabledd eg

**disability equipment** cyfarpar anabledd eg

**disability equipment manufacturer** cynhyrchwr cyfarpar anabledd eg  
    cynhyrchwyr cyfarpar anabledd

**Disability Forum** Fforwm Anabledd eg

**Disability Help Line** Llinell Gymorth Anabledd eb

**Disability Information Trust** Ymddiriedolaeth Gwybodaeth ar Anabledd eb

## **disability living allowance** Iwfans byw i bobl anabl eg Iwfansau byw i bobl anabl

**disability premium** premiwm anabledd eg premiymau anabledd

**Disability Rights Commission Act** Deddf Comisiwn Hawliau Anabledd eb

**disability service** gwasanaeth anabledd eg gwasanaethau anabledd

**disability team** tîm anabledd eg timau anabledd

**Disability Wales** Anabledd Cymru eg

**disability working allowance** Iwfans gweithio i'r anabl eg Iwfansau gweithio i'r anabl

**disabled** anabl ans

**disabled car parking** parcio ceir pobl anabl be

**disabled child** plentyn anabl eg plant anabl

**disabled child premium** premiwm plentyn anabl eg premiymau plentyn anabl

**Disabled Drivers' Association** Cymdeithas Gyrwyr Anabl eb

**Disabled Driver's Motor Club Ltd.** Clwb Moduro Gyrwyr Anabl Cyf. eg

**Disabled Facilities Grant** Grant Cyfleusterau i Bobl Anabl eg  
**disabled living adviser** ymgynghorydd byw i bobl anabl eg ymgynghorwyr byw i bobl anabl

**disabled living centre** canolfan byw i bobl anabl *eb* canolfannau byw i bobl anabl

**Disabled Living Centres Council** Cyngor Canolfannau Byw i Bobl Anabl eg

**Disabled Living Foundation** Sefydliad Byw i Bobl Anabl eg

**Disabled Motorists Federation** Ffederasiwn Modurwyr Anabl eg

**disabled parking badge** bathodyn parcio i bobl anabl eg bathodynnau parcio i bobl anabl

**disabled person** person anabl eg pobl anabl

*'Disabled people' is accepted because of the idea that an individual is disabled by his or her society rather than his or her medical impairment*

**disabled person who is homeless** person anabl sy'n ddigartref eg pobl anabl sy'n ddigartref

**disabled person who is threatened with homelessness** person anabl sydd dan fgythiad bod yn ddigartref eg pobl anabl sydd dan fgythiad bod yn ddigartref

**disabled person with sexual or relationship difficulties** person anabl sydd ag anawsterau rhywiol neu berthynas eg pobl anabl sydd ag anawsterau rhywiol neu berthynas

**disabled person with specific needs** person anabl sydd ag anghenion penodol eg pobl anabl sydd ag anghenion penodol

**disabled person's railcard** cerdyn rheilffordd person anabl eg cardiau rheilffordd pobl anabl

**Disabled Persons Services, Consultation and Representation Act** Deddf Gwasanaethau, Ymgynghoriadau a Chynrychiolaeth *eb*

**Disabled Persons Transport Advisory Committee** Pwyllgor Ymgynghorol Cludiant Pobl Anabl eg

**disabled pupil** disgyl anabl eg disgylion anabl

**disabled student** myfyriwr anabl eg myfyrwyr anabl

**disabled student's allowance** lwfans myfyriwr anabl eg lwfansau myfyriwr anabl

**disabled toilet** toiled pobl anabl eg toiledau pobl anabl

**Disabled Women's Group** Grŵp Gwragedd Anabl eg

**disability advisory service** gwasanaeth cynghori pobl anabl eg gwasanaethau cynghori pobl anabl

**Disablement Income Group** Grŵp Incwm Anabledd eg

**disability resettlement officer** swyddog ailsefydlu pobl anabl eg swyddogion ailsefydlu pobl anabl

**disability services centre** canolfan gwasanaethau pobl anabl *eb* canolfannau gwasanaethau pobl anabl

**disadvantage n** anfantais eg anfanteision

**disadvantage v** rhoi rhywun dan anfantais *be*

**discretionary grant** grant dewisol eg grantiau dewisol

**discretionary improvement grant** grant gwella dewisol eg grantiau gwella dewisol

**discriminate against** gwahaniaethu yn erbyn *be*

**discriminate in favour of** gwahaniaethu o blaid *be*

**dismissal proceedings** trefn diswyddo *eb* trefnau diswyddo

**domestic care** gofal domestig eg  
**Down's Syndrome Association** Cymdeithas Syndrom Down eb  
**drop-in centre** canolfan galw heibio eb canolfannau galw heibio  
**drop-in clinic** clinig galw heibio eg clinigau galw heibio  
**dysarthria** parlys lleferydd eg  
**dyslexia** dyslecsia eg  
**Dyslexia Institute** Sefydliad Dyslecsia eg  
**dyspraxia** dyspracsia eg  
**Dystonia Society** Cymdeithas Dystonia eb

## E

**eczema** ecsema eg  
**elastic stocking** hosan lastig eb sanau lastig  
**electric scooter** sgwter trydan eg sgwteri trydan  
**electric wheelchair** cadair olwyn drydan eb cadeiriau olwyn trydan  
**electrically powered wheelchair with riser seat** cadair olwyn drydan gyda sedd sy'n codi eb cadeiriau olwyn trydan gyda sedd sy'n codi  
**electronic writing system** system ysgrifennu electronig eb systemau ysgrifennu electronig  
**electrotherapy** therapi trydan eg  
**eligible according to local criteria** cymwys yn ôl mein prawf lleol ans  
**Elizabeth Fitzroy Home** Cartref Elizabeth Fitzroy eg  
**emotional support** cefnogaeth emosiynol eb  
**employer that is exempt** cyflogwr sydd wedi'i eithrio eg cyflogwyr sydd wedi'u heithrio  
**Energy Action Grants Agency** Asiantaeth Grantiau Gweithredu ac Ynni eb  
**enuresis** enwresis eg  
**Enuresis Resource and Information Centre** Canolfan Adnoddau a Gwybodaeth Enwresis eb  
**environmental control assessor** asesydd rheoli'r amgylchedd eg aseswyr rheoli'r amgylchedd  
**environmental control system** system rheoli'r amgylchedd eb systemau rheoli'r amgylchedd  
**epilepsy** epilepsi eg  
**Equal Opportunities Commission** Comisiwn Cyfle Cyfartal eg  
**equal opportunity** cyfle cyfartal eg  
**equality** cydraddoldeb eg  
**equipment** cyfarpar eg  
**equipment allowance** lwfans cyfarpar eg lwfansau cyfarpar  
**equipment and adaptations** cyfarpar ac addasiadau ell  
  
**equipment contractor** **contractiwr cyfarpar eg contractwyr cyfarpar**  
**equipment for deaf people** cyfarpar i bobl fyddar eg

**escort service for elderly or disabled adults** gwasanaeth hebrwng i oedolion  
oedrannus neu anabl eg  
**ethical moesegol ans**  
**ethics moeseg eb**  
**evict dadfeddiannu be**  
**evicting a disabled person** dadfeddiannu person anabl be  
**eviction** dadfeddiant eg dadfeddiannau  
**exceptionally severe disablement allowance** lwfans anabledd difrifol eithriadol  
eg lwfansau anabledd difrifol eithriadol  
**Ex-Services Mental Welfare Society** Cymdeithas Lles Meddwl Cyn-aelodau o'r  
Lluoedd Arfog eb  
**extension bell** cloch estyn eb clychau estyn

## F

**fabric support** cymorth ffabrig eg cymhorthion ffabrig  
**fact sheet** taflen ffeithiau eb taflenni ffeithiau  
**Family Fund** Cronfa'r Teulu eb  
**Family Heart Association** Cymdeithas Deuluol y Galon eb  
**family planning clinic** clinig cynllunio teulu eg clinigau cynllunio teulu  
**Family Share** Cynllun Rhannu Teulu eg  
**Far East Prisoners of War and Internees Trust Fund** Cronfa Ymddiriedolaeth  
Carcharorion Rhyfel a Phobl a Gaethwyd yn Dwyrain Pell eb  
**federation** ffederasiwn eg/b **ffederasiynau**  
**Federation of Sports Associations for the Disabled** Ffederasiwn Cymdeithasau  
Chwaraeon Pobl Anabl eg  
**Fibromyalgia Support Group** Grŵp Cymorth Ffibromyalgia eg  
**fieldworker** gweithiwr maes eg gweithwyr maes  
**fitting** ffitiad eg ffitiadau  
**flashing doorbell** cloch drws sy'n fflachio eb clychau drws sy'n fflachio  
**flashing or vibrating alarm clock** cloc larwm sy'n fflachio neu'n crynu eg clociau  
larwm sy'n fflachio neu'n crynu  
**forum** fforwm eg fforymau  
**Foundation for Communication for the Disabled** Sefydliad Cyfathrebu Pobl  
Anabl eg  
**frame** ffrâm eb fframiau  
**franchise network** rhwydwaith rhyddfreiniau eg rhwydweithiau rhyddfreiniau  
**free pay-and-display bay** lle parcio talu ac arddangos am ddim eg llefydd parcio  
talu ac arddangos am ddim  
**Friends for the Young Deaf** Ymddiriedolaeth Cyfeillion Pobl Ifanc Fyddar eb  
**friends scheme** cynllun cyfeillion eg cynlluniau cyfeillion

## G

**general practitioner service** gwasanaeth meddyg teulu eg gwasanaethau meddyg  
teulu

**general practitioner surgery** canolfan meddygon teulu *eb* canolfannau meddygon teulu

**Genetic Interests Group** Grōp Diddordeb Geneteg eg  
**give access (to a place)** v rhoi mynediad (i) *be*  
**grabrail** canllaw cydio eg canllawiau cydio  
**group (in formal context)** grōp eg grwpiau  
**group (in informal context)** cylch eg cylchoedd  
**group holidays tailored for disabled people** gwyliau grōp wedi eu llunio ar gyfer pobl anabl *ell*

**group home** cartref grōp eg cartrefi grōp  
**guide dog** ci twys eg cōn twys

**Guide Dogs for the Blind Association** Cymdeithas Cōn y Deillion *eb*

**Guide-Help Scheme** Cynllun Cymorth Tywysydd eg

**Guillain Barre Syndrome Support Group** Grōp Cymorth Syndrom Guillain Barre eg

## H

**haemophilia** haemoffilia eg

**Haemophilia Society** Cymdeithas Haemoffilia *eb*

**handicap** *n* anfantais *eb* anfanteision

*In English the term ‘handicap’ has acquired a negative meaning. Deriving from a 17th century betting game, it is more familiar in horse racing and golf as a term to describe the burden that faster horses and better golfers have to bear to give others an even chance. The use of the term to describe people as a burden is obviously offensive, an idea that is reinforced by the association with “cap in hand” that can be interpreted to mean begging. Use ‘disability’ instead.*

**Handicapped Aid Trust** Ymddiriedolaeth Cymorth i Bobl dan Anfantais *eb*

**handset with inductive coupler** set law sydd â chyplwr anwytho eg setiau llaw sydd â chyplwr anwytho

**head appliance** teclyn cynnal y pen eg teclynnau cynnal y pen

**head injury** anaf i'r pen eg anafiadau i'r pen

## Headway National Head Injuries Association Ltd. **Cymdeithas Genedlaethol Anafiadau'r Pen Headway Cyf. *eb***

**health care** gofal iechyd eg

**health centre** canolfan iechyd *eb* canolfannau iechyd

**Health Information Service** Gwasanaeth Gwybodaeth lechyd eg

**health promotion clinic** clinig hybu iechyd eg clinigau hybu iechyd

**healthcare professional** gweithiwr proffesiynol gofal iechyd eg gweithwyr proffesiynol gofal iechyd

**healthcare team** tîm gofal iechyd eg timau gofal iechyd

**hearing aid** teclyn clyw eg teclynnau clyw

**hearing aid centre** canolfan teclynnau clyw *eb* canolfannau teclynnau clyw

**hearing dog** ci clywed eg cōn clywed

**hearing impairment** nam ar y clyw eg

**hearing therapist** therapydd clyw eg therapyddion clyw

**hearing-impaired child** plentyn â nam ar ei glyw eg plant â nam ar eu clyw  
**hearing-impaired person** person sydd â nam ar ei glyw eg pobl sydd â nam ar eu clyw  
**help with independent living** *n* cymorth i fyw'n annibynnol eg  
**hemiplegia** parlys un ochr eg  
**Henshaw's Society for the Blind** Cymdeithas Deillion Henshaw *eb*  
**hoist** teclyn codi eg teclynnau codi  
**Holiday Care Service** Gwasanaeth Gofal Gwyliau eg  
**holiday facilities** cyfleusterau gwyliau *e//*  
**holiday home designed for wheelchair users** cartref gwyliau wedi ei gynllunio ar gyfer pobl mewn cadair olwyn eg cartrefi gwyliau wedi eu cynllunio ar gyfer pobl mewn cadair olwyn  
**home** cartref eg cartrefi  
**home care** gofal (yn y) cartef eg  
**home care manager** rheolwr gofal cartref eg rheolwyr gofal cartref  
**home care organiser** trefnydd gofal cartref eg trefnwyr gofal cartref  
**home care service** gwasanaeth gofal cartref eg gwasanaethau gofal cartref  
**home equipment** cyfarpar cartref eg  
**Home Farm Trust** Ymddiriedolaeth Home Farm *eb*  
**home insulation grant** grant inswleiddio cartref eg grantiau inswleiddio cartref  
**home repair grant** grant trwsio cartref eg grantiau trwsio cartref  
**home-based learning scheme** cynllun dysgu yn y cartref eg cynlluniau dysgu yn y cartref  
**Hospital Eye Service** Gwasanaeth Llygaid yr Ysbyty eg  
**house renovation grant** grant adnewyddu tai eg grantiau adnewyddu tai  
**housing corporation** corfforaeth dai *eb* corfforaethau tai  
**housing department** adran dai *eb* adrannau tai  
**Housing Organisations Mobility and Exchange Services** Gwasanaethau Symudedd a Chyfnewid y Mudiadau Tai *e//*  
**human relations work** gwaith cysylltiadau dynol eg  
**Huntington's Disease Association** Cymdeithas Afiechyd Huntington *eb*

## I

**identification of needs** adnabod anghenion *be*

**identification of the specific needs of disabled people** adnabod anghenion penodol pobl anabl *be*

**impair** amharu (ar) *be*

**impairment** nam eg namau

*Here English and Welsh diverge in their method of describing weakened or damaged faculties. The literal translation of 'impairment' in Welsh is 'amhariaid' but this is not used to describe physical or mental faculties. Rather the term 'nam' is used and endorsed by Welsh-speaking disabled people. However the verb 'amharu ar' is used as an equivalent of the English verb 'to impair'.*

**incapacity** analluogrwydd eg

**incapacity benefit** budd-dal analluogrwydd eg budd-daliadau analluogrwydd

**incontinence** anymataliaeth *eb*

**increase opportunities for people to live independently** v cynyddu'r cyfle i bobl fyw'n annibynnol *be*  
**independence and mobility training** hyfforddiant annibyniaeth a symudedd eg  
**independent living** byw'n annibynnol *be*  
**independent living accommodation** llety byw'n annibynnol eg lletyau byw'n annibynnol  
**independent living centre** canolfan byw'n annibynnol *eb* canolfannau byw'n annibynnol  
**Independent Living Fund** Cronfa Byw'n Annibynnol *eb*  
**Independent Panel for Special Educational Advice** Panel Annibynnol Cyngor Arbennig ar Addysg *eg*  
**induction loop** dolen anwytho *eb* dolenni anwytho  
**industrial injuries disablement benefit** budd-dal enabledd anafiadau diwydiannol eg budd-daliadau enabledd anafiadau diwydiannol  
**industrial tribunal** tribiwnlys diwydiannol eg tribiwnlysoedd diwydiannol  
**inequality** annhegwch *eg*  
**informed consent** cydsyniad gwylodus *eg*  
**infra red loop** dolen is-goch *eb* dolenni is-goch  
**in-home hearing advice** cyngor clywed yn y cartref *eg*  
**in-patient** claf mewnol *eg* cleifion mewnol  
**institute** sefydliad *eg* sefydliadau  
**Insulin Dependent Diabetes Trust** Ymddiriedolaeth Diabetes Dibynnol ar Inswlin *eb*  
**integrate** integreiddio *be*  
**integration** integreiddiad *eg*  
**International Autistic Society** Cymdeithas Ryngwladol Awstisiaeth *eb*  
**interpret (= translate into different language)** v cyfieithu *be*  
**interpret (= explain meaning)** *v* dehongli *be*  
**interpreter (of one who explains meaning)** dehonglydd *eg* dehonglwyr  
**interpreter (of translator)** cyfieithydd *eg* cyfieithwyr  
**interpreter service (using someone who explains meaning)** gwasanaeth dehongli *eg* gwasanaethau dehongli  
**interpreter service (using translator)** gwasanaeth cyfieithu ar y pryd *eg* gwasanaethau cyfieithu ar y pryd

### invalid adj analluog ans

*It is recommended that 'invalid' should not be used as it implies that the individual is not valid; 'disabled' should be used instead.*

**Invalid Children's Aid Nationwide** Cymorth i Blant Anabl yn Genedlaethol *eg*

### J

**Job Interview Guarantee** Gwarant Cyfweliad am Swydd *eb*  
**Job Introduction Scheme** Cyllun Cyflwyno Swydd *eg*  
**John Grooms Association** Cymdeithas John Grooms *eb*

**joint equipment service** gwasanaeth cyfarpar ar y cyd eg gwasanaethau cyfarpar  
ar y cyd

**joint problem** problem cymalau *eb* problemau cymalau

## K

**kettle tipper** dyfais i godi tegell *eb* dyfeisiau i godi tegell

**KIDS** KIDS eg

## L

**labour relations agency** asiantaeth cysylltiadau llafur *eb* asiantaethau cysylltiadau  
llafur

**lamp signal** arwydd lamp *eg* arwyddion lamp

**language therapy** therapi iaith *eb*

**L'Arche** L'Arche eg

**large print** print bras *eg*

**large print output device** dyfais cynhyrchu print bras *eb* dyfeisiau cynhyrchu print  
bras

**learning difficulty** anhawster dysgu *eg* anawsterau dysgu

**learning disability** anabledd dysgu *eg* anableddau dysgu

**learning need** angen dysgu *eg* anghenion dysgu

**learning organisation** sefydliad dysgu *eg* sefydliadau dysgu

**learning theory** theori dysgu *eb*

**lease scheme** cynllun prydlesu *eg* cynlluniau prydlesu

**leaseholder** lesddeiliad *eg* lesddeiliaid

**leg appliance** teclyn cynnal y goes *eg* teclynnau cynnal y goes

**legal obligation** rhwymedigaeth gyfreithiol *eb* rhwymedigaethau cyfreithiol

**less favourable treatment** triniaeth lai ffafriol *eb*

**Liberator Ltd.** Liberator Cyf. *eg*

**lifetime home** cartref am oes *eg* cartrefi am oes

**Limbless Association** Cymdeithas Pobl heb Aelodau *eb*

**Link (British Centre for Deafened People)** Canolfan Brydeinig i Bobl Fyddar *eb*

**lip-read** v darllen gwefusau *be*

**long-term illness** afiechyd tymor hir *eg*

**long-term medical condition** cyflwr meddygol tymor hir *eg* cyflyrau meddygol  
tymor hir

**Long-term Medical Conditions Alliance** Cynghrair Cyflyrau Meddygol Tymor Hir  
*eb*

**loop system for listening to television** system dolen i wrando ar y teledu *eb*  
systemau dolen i wrando ar y teledu

**loud-speaking telephone amplifier** mwyhadur teleffon sain uchel *eg* mwyhaduron  
teleffon sain uchel

**low vision aid** teclyn golwg gwael *eg* teclynnau golwg gwael

**low-floor bus** bws llawr isel *eg* bysiau llawr isel

## M

**machine for playing talking books** peiriant i wrando ar lyfrau siarad eg peiriannau i wrando ar lyfrau siarad

**MacIntyre Foundation** Sefydliad MacIntyre eg  
**magnetic resonance imaging unit** uned delweddu cyseinedd magnetig *eb*  
unedau delweddu cyseinedd magnetig

**Makaton Vocabulary Development Project** Cynllun Datblygu Geirfa Makaton eg  
**mandatory grant** grant gorfodol eg grantiau gorfodol

**Manic Depression Fellowship** Cymdeithas Iselder Manig *eb*  
**manual dexterity** deheurwydd llaw eg

**Marfan Association UK** Cymdeithas Marfan y DU *eb*

**ME Association** Cymdeithas ME *eb*

**means test** *n* prawf modd eg profion modd

**Medical Devices Agency of the Department of Health** Asiantaeth Dyfeisiau  
Meddygol yr Adran lechyd *eb*

**medical service** gwasanaeth meddygol eg gwasanaethau meddygol

**Medicalert Foundation** Sefydliad Medicalert eg  
medicine moddion eg

**Meirionnydd Disability Forum** Fforwm Lles Anabledd Meirionnydd eg

**MENCAP (Royal Society for Mentally Handicapped Children and Adults)**

MENCAP (Cymdeithas Frenhinol Plant ac Oedolion dan Anfantais Meddwl) *eb*

**MENCAP's Holiday Service** Gwasanaeth Gwyliau MENCAP eg

**Menière Society** Cymdeithas Menière *eb*

**mental age** oed meddyliol eg

**mental deterioration** dirywiad meddwl eg

**mental development** datblygiad meddwl eg

mental disorder **anhwylder meddwl eg anhwylderau meddwl**

**mental disturbance** cynnwrf meddwl eg

**mental health** iechyd meddwl eg

**Mental Health Act** Deddf lechyd Meddwl *eb*

**mental health act licence** trwydded deddf iechyd meddwl eg trwyddedau deddf  
iechyd meddwl

**Mental Health Commission** Comisiwn lechyd Meddwl eg

**mental health officer** swyddog iechyd meddwl eg swyddogion iechyd meddwl

**mental health resource centre** canolfan adnoddau iechyd meddwl *eb* canolfannau  
adnoddau iechyd meddwl

**mental health review tribunal** tribiwnlys adolygu iechyd meddwl eg tribiwnlysoedd  
adolygu iechyd meddwl

**mental illness** afiechyd meddwl eg afiechydon meddwl

**mental impairment** nam meddwl eg namau meddwl

**mental nursing home** cartref ymgeledd meddwl eg cartrefi ymgeledd meddwl

**Michael Palin Centre for Stammering Children** Canolfan Michael Palin i Blant ag  
Atal Dweud *eb*

**micro assistance in continuing education** cymorth micro mewn addysg barhaus  
eg  
**Migraine Trust** Ymddiriedolaeth Meigryn eb  
**MIND (National Association for Mental Health)** Cymdeithas Genedlaethol ar  
gyfer lechyd Meddwl eb  
**Ministry of Defence Disablement Pension** Pensiwn Anabledd y Weinyddiaeth  
Amddiffyn eg  
**minor work assistance** cymorth gwaith mân eg  
**mobile unit** uned symudol eb unedau symudol  
**mobility** symudedd eg  
**Mobility Advice and Vehicle Information Service** Gwasanaeth Cyngor  
Symudedd a Gwybodaeth am Gerbydau eg  
**Mobility Component of the Disability Allowance** Elfen Symudedd y Lwfans Byw i  
Bobl Anabl eb  
**modification** addasiad eg addasiadau  
**modify** addasu be  
**Motor Neurone Disease Association** Cymdeithas Clefyd Nivronau Echddygol eb  
**multidisciplinary team** tîm aml-ddisgyblaeth eg timau aml-ddisgyblaeth  
**multiple impairments** namau lluosog e//  
**multiple sclerosis** parlys ymledol eg  
**Multiple Sclerosis Society** Cymdeithas y Parlys Ymledol eb  
**muscular dystrophy** dystroffi'r cyhyrau eg  
**Muscular Dystrophy Group** Grŵp Dystroffi'r Cyhyrau eg  
**Myasthenia Gravis Association** Cymdeithas Myasthenia Gravis eb

## N

**narrow-boat controllable from a wheelchair** cwch hir y gellir ei reoli o gadair  
olwyn eg cychod hir y gellir eu rheoli o gadair olwyn  
**National Association for Premenstrual Tension** Cymdeithas Genedlaethol  
Tyndra Cyn Mislif eb  
**National Accessible Standard** Safon Mynediad Cenedlaethol eg  
**National Advisory Council on Employment of People with Disabilities** Cyngor  
Ymgynghorol Cenedlaethol ar Gyflogaeth Pobl Anabl eg  
**National Artificial Eye Service** Gwasanaeth Cenedlaethol Llygaid Artifisiael eg  
**National Association for Colitis and Crohn's Disease** Cymdeithas Genedlaethol  
Colitis a Chlefyd Crohn eb  
**National Association of Deafened People** Cymdeithas Genedlaethol Pobl Fyddar  
eb  
**National Association of Laryngectomy Clubs** Cymdeithas Genedlaethol Clybiau  
Laryngectomi eb  
**National Association of Local Societies for the Visually Impaired** Cymdeithas  
Genedlaethol Cymdeithasau Lleol i Bobl sy'n Gweld yn Rhannol eb  
**National Association of Toy and Leisure Libraries** Cymdeithas Genedlaethol  
Llyfrgelloedd Teganau a Hamdden eb

**National Association of Volunteer Bureaux** Cymdeithas Genedlaethol  
Swyddfeydd Gwirfoddolwyr *eb*

**National Asthma Campaign** Ymgrych Genedlaethol Asthma *eb*

**National Autistic Society** Cymdeithas Genedlaethol Awtistiaeth *eb*

**National Back Pain Association** Cymdeithas Genedlaethol Poen Cefn *eb*

**National Cancer Alliance** Cynghrair Cenedlaethol Canser *eb*

**National Centre for Cued Speech for Deaf and Hearing People** Canolfan  
Genedlaethol Llefaru gyda Chymorth i Bobl sy'n Fyddar ac yn Clywed *eb*

**National Council for Hospice and Specialist Palliative Care** Cyngor

Cenedlaethol Gwasanaethau Hosbis a Gofal Lleddfol Arbenigol *eg*

**National Council for Voluntary Organisations** Cyngor Cenedlaethol Cyrff  
Gwirfoddol *eg*

**National Deaf Children's Society** Cymdeithas Genedlaethol Plant Byddar *eb*

**National Deafblind League** Cynghrair Genedlaethol Pobl Ddall a Byddar *eb*

**National Development Team for People with Learning Disabilities** Tîm  
Datblygu Cenedlaethol i Bobl ag Anableddau Dysgu *eg*

**National Disability Council** Cyngor Anabledd Cenedlaethol *eg*

**National Disabled Person's Housing Service** Gwasanaeth Tai Cenedlaethol Pobl  
Anabl *eg*

**National Eczema Society** Cymdeithas Genedlaethol Ecsema *eb*

**National Federation of Access Centres** Ffederasiwn Cenedlaethol Canolfannau  
Access *eg*

**National Federation of Shopmobility** Ffederasiwn Cenedlaethol Shopmobility *eg*

**National Health Service** Gwasanaeth Iechyd Gwladol *eg*

**National Kidney Federation** Ffederasiwn Cenedlaethol yr Arennau *eg*

**National Library for the Blind** Llyfrgell Genedlaethol y Deillion *eb*

**National ME Support Centre** Canolfan Genedlaethol Cefnogaeth ME *eb*

**National Meningitis Trust** Ymddiriedolaeth Genedlaethol Llid yr Ymennydd *eb*

**National Osteoporosis Society** Cymdeithas Genedlaethol Osteoporosis *eb*

**National Schizophrenia Fellowship** Cymdeithas Genedlaethol Sgitsoffrenia *eb*

**neck appliance** teclyn cynnal y gwddf eg teclynnau cynnal y gwddf

**need** angen *eg* anghenion

**network of information agencies** rhwydwaith o asiantaethau gwybodaeth *eg*

rhwydweithiau o asiantaethau gwybodaeth

**Neurofibromatosis Association** Cymdeithas Neurofibromatosis *eb*

**Neurological Alliance** Cynghrair Niwrolegol *eb*

**neurologist** niwrolegydd *eg* niwrolegwyr

**non-disabled person** person nad yw'n anabl *eg* pobl nad ydynt yn anabl

**non-medical personal help allowance** lwfans cymorth personol anfeddygol *eg*  
Iwfansau cymorth personol anfeddygol

**Northern Ireland Disability Council** Cyngor Anabledd Gogledd Iwerddon *eg*

**Not Forgotten Association** Cymdeithas Nid â'n Angof *eb*

## O

**obtain access (to a place) v cael mynediad (i) be  
occupational engineer** peiriannydd galwedigaethol eg peirianwyr galwedigaethol  
**occupational pension scheme** cynllun pensiwn galwedigaethol eg cynlluniau  
pensiwn galwedigaethol

**Occupational Pensions Advisory Service** Gwasanaeth Ymgynghorol Pensiynau  
Galwedigaethol eg

**occupational service** gwasanaeth galwedigaethol eg gwasanaethau  
galwedigaethol

**One Small Step** Un Cam Bach eg

**open employment** cyflogaeth agored eb

**opportunity** cyfle eg cyfleoedd

**optometrist** optometrydd eg optometryddion

**Orange Badge Parking** Parcio Bathodyn Oren be

**Orange Badge Scheme** Cynllun Bathodyn Oren eg

**organization of disabled people** mudiad pobl anabl eg mudiadau pobl anabl

**orthotics** orthoteg eb

**outreach and support** estyn allan a chefnogaeth

## P

**Paget Gorman Society** Cymdeithas Paget Gorman eb

**page-turner** trowr dalennau eg trowyr dalennau

**Pain Concern UK** Gofal Poen y DU eg

**pain when moving** poen wrth symud eg

**paralysed person** person wedi ei barlysu eg pobl wedi eu parlysu

**paraplegia** paraplegia eg

**paraplegic** paraplegaidd ans

**parking space** lle parcio eg llefydd parcio

**Parkinson's Disease Society** Cymdeithas Clefyd Parkinson eb

**partial disablement allowance** lwfans anabledd rhannol eg lwfansau anabledd  
rhannol

**partially blind** rhannol ddall ans

**partially deaf** rhannol fyddar ans

**partially sighted** gweld yn rhannol be

**partially sighted** yn lled weld weld adf

**Partially Sighted Society** Cymdeithas Pobl sy'n Gweld yn Rhannol eb

**Pathway scheme** cynllun Pathway eg

**patient** claf eg cleifion

*The term 'patient' should not be used to refer to a disabled person, and should be kept to refer to sick people in acute units. Where disabled people receive specific services, the term 'client' or 'customer' should be used.*

**Patients Association** Cymdeithas y Cleifion eb

**people** pobl eb//

**People First** Pobl yn Gyntaf

**peripatetic care** gofal teithiol eg  
**permanent and substantial disability** anabledd parhaol a sylweddol eg  
**persistent vegetative state** cyflwr diymateb parhaol eg  
**person (individual)** unigolyn eg unigolion  
**person (in formal context to refer to an unspecified individual)** person eg pobl  
**person who has a mental impairment** person sydd â nam ar ei feddwl eg pobl  
sydd â nam ar eu meddwl  
**person who has a neurological impairment** person sydd â nam niwrolegol eg  
pobl sydd â nam niwrolegol  
**person who has a significant visual loss** person sydd â nam sylweddol ar ei  
olwg eg pobl sydd â nam sylweddol ar eu golwg  
**person who has a speech impairment** person sydd â nam ar ei leferydd eg pobl  
sydd â nam ar eu lleferydd  
**person who has communication difficulties** person sydd ag anawsterau  
cyfathrebu eg pobl sydd ag anawsterau cyfathrebu  
**person who has had a spinal injury** person sydd wedi cael anaf i'r asgwrn cefn  
eg pobl sydd wedi cael anaf i'r asgwrn cefn  
**person who has had a stroke** person sydd wedi cael strôc eg pobl sydd wedi cael  
strôc  
**person who has had head injuries** person sydd wedi cael anafiadau i'r pen eg  
pobl sydd wedi cael anafiadau i'r pen  
**person who has multiple impairments** person sydd â namau lluosog eg pobl  
sydd â namau lluosog  
**person who is deaf without speech** person sy'n fyddar heb leferydd eg pobl sy'n  
fyddar heb leferydd  
**person who is disabled due to service in the armed forces** person sy'n anabl  
oherwydd gwasanaeth yn y lluoedd arfog eg pobl sy'n anabl oherwydd  
gwasanaeth yn y lluoedd arfog  
**person who is hard of hearing** person sy'n drwm ei glyw eg pobl sy'n drwm eu  
clyw  
**person who is mentally ill** person sydd â salwch meddwl eg pobl sydd â salwch  
meddwl  
**person who is partially sighted** person sy'n gweld yn rhannol eg pobl sy'n gweld  
yn rhannol  
**person who is visually impaired** person sydd â nam ar ei olwg eg pobl sydd â  
nam ar eu golwg  
**person with a dual sensory impairment** person sydd â dau nam ar ei synhwyrau  
eg pobl sydd â dau nam ar eu synhwyrau  
**person with a learning impairment** person sydd â nam dysgu eg pobl sydd â nam  
dysgu  
**person with a physical impairment** person sydd â nam corfforol eg pobl sydd â  
nam corfforol  
**person with a sensory impairment** person sydd â nam ar y synhwyrau eg pobl  
sydd â nam ar y synhwyrau  
**person with disabilities** person sydd ag anableddau eg pobl sydd ag anableddau  
 ‘People with disabilities’ is not an acceptable term according to the social model  
of disability. Use ‘disabled people’ instead.

**person with restricted vision** person sydd â golwg cyfyngedig eg pobl sydd â golwg cyfyngedig  
**person without speech** person heb leferydd eg pobl heb leferydd  
**personal assistant** cynorthwydd personol eg cynorthwywyr personol  
**Personal Assistant Service** Gwasanaeth Cymorth Personol eg  
**personal care needs** anghenion gofal personol e/  
**personal hearing aid** teclyn clywed personol eg teclynnau clywed personol  
**personal relationship** perthynas bersonol eb  
**Perthes Association** Cymdeithas Perthes eb  
**PHAB (Physically Handicapped and Able-Bodied)** PHAB (Pobl ag Anabledd Corfforol a Phobl Heb Anabledd)  
**physical co-ordination** cydymud corfforol be

### physical feature (of building) **nodwedd ffisegol eb nodweddion ffisegol**

**physical feature (of person)** nodwedd gorfforol eb nodweddion corfforol  
**physical health** iechyd corfforol eg  
**physical impairment** nam corfforol eg namau corfforol  
**physical indicator** arwydd corfforol eg arwyddion corfforol  
**physical treatment** triniaeth gorfforol eb  
**placing, assessment and counselling team** tîm lleoli, asesu a chynggori eg timau lleoli, asesu a chynggori  
**play material** defnydd chwarae eg defnyddiau chwarae  
**pocket memo** llyfr memo poced eg llyfrau memo poced  
**Positive About Disabled People symbol** symbol Bod yn Gadarnhaol am Bobl Anabl eg symbolau Bod yn Gadarnhaol am Bobl Anabl  
**powered indoor wheelchair** cadair olwyn dan do gyda phôer eb cadeiriau olwyn dan do gyda phôer  
**powered outdoor wheelchair** cadair olwyn awyr agored gyda phôer eb cadeiriau olwyn awyr agored gyda phôer  
**pressure sore** briw gorwedd eg briwiau gorwedd  
**Primary Immunodeficiency Association** Diffyg Imiwnedd Sylfaenol eb  
**priority group** grŵp blaenorïaeth eg grwpiau blaenorïaeth  
**private health insurance** yswiriant iechyd preifat eg  
**profoundly deaf** cwbl fyddar ans  
**programme of research** rhaglen ymchwil eb rhaglenni ymchwil  
**progressive condition** cyflwr cynyddol eg cyflyrau cynyddol  
**progressive neurological or muscle wasting disease** afiechyd niwrolegol neu gyhyrol cynyddol eg afiechydon niwrolegol neu gyhyrol cynyddol  
**Progressive Supranuclear Palsy Association** Cymdeithas Parlys Cynyddol Uwchniwclear eb  
**promote the interests of people** hyrwyddo buddiannau pobl be  
**provider of insurance services to employers** darparwr gwasanaethau yswiriant i gyflogwyr  
**Psoriasis Association** Cymdeithas y Cengroen eb

**Psoriatic Arthropathy Alliance** Cyngair Cymalwst Gengroenol *eb*  
**psychiatric seiciatrig** *ans*  
**psychiatric nurse** nrys seiciatrig *eb* nrysus seiciatrig  
**psychiatric social work** gwaith cymdeithasol seiciatrig *eg*  
**psychiatrist** seiciatrydd *eg* seiciatryddion  
**psychiatry** seiciatreg *eb*  
**psychologist** seicolegydd *eg* seicolegwyr  
**psychology** seicoleg *eb*  
**public transport** cludiant cyhoeddus *eg*  
**public transport information officer** swyddog gwybodaeth cludiant cyhoeddus *eg*  
    swyddogion gwybodaeth cludiant cyhoeddus  
**public transport vehicle** cerbyd cludiant cyhoeddus *eg* cerbydau cludiant  
    cyhoeddus

## **Q**

**qualified** cymwys *ans*  
**qualifying period** cyfnod cymhwys o eg cyfnodau cymhwys  
**Quota Designated Employment Scheme** Cynllun Cyflogaeth a Ddynodir yn ôl  
    Cwota *eg*

## **R**

**raised toilet seat** sedd doiled uchel *eb* seddau toiled uchel  
**ramp** ramp *eg* rampiau  
**Rathbone Society** Cymdeithas Rathbone *eb*  
**Raynaud's and Scleroderma Association** Cymdeithas Raynaud a Sgleroderma  
    *eb*  
**realise employment potential** cyflawni potensial cyflogaeth *be*  
**reasonable adjustment** addasiad rhesymol *eg* addasiadau rhesymol  
**reasonable change** newid rhesymol *eg* newidiadau rhesymol  
**record of needs** cofnod anghenion *eg* cofnodion anghenion  
**recruitment agency** asiantaeth reciwtio *eb* asiantaethau reciwtio  
**Red Cross Medical Loan Service** Gwasanaeth Benthyca Meddygol y Groes Goch  
    *eg*  
**reduced fare** pris teithio gostyngol *eg* prisiau teithio gostyngol  
**registered disabled person** person anabl cofrestredig *eg* pobl anabl gofrestredig  
**rehabilitation consultant** ymgynghorydd ailsefydlu *eg* ymghynghorwyr ailsefydlu  
**rehabilitation engineering** peirianneg ailsefydlu *eb*  
**rehabilitation service** gwasanaeth ailsefydlu *eg* gwasanaethau ailsefydlu  
**rehabilitation unit** uned ailsefydlu *eb* unedau ailsefydlu  
**REMAP** REMAP *eg*  
**Remploy Ltd.** Remploy Cyf. *eg*  
**Research Institute for Consumer Affairs** Sefydliad Ymchwil i Faterion  
    Defnyddwyr *eg*  
**Research Trust for Metabolic Diseases in Children** Ymddiriedolaeth Ymchwil i  
    Afiechydon Metabolaidd mewn Plant *eb*

**research unit** uned ymchwil *eb* unedau ymchwil  
**residential and nursing care** gofal preswyl a nyrsio eg  
**resource centre** canolfan adnoddau *eb* canolfannau adnoddau  
**resources for writing service** gwasanaeth adnoddau ysgrifennu eg  
gwasanaethau adnoddau ysgrifennu  
**respite care** gofal seibiant eg  
**rheumatologist** rhiwmatolegydd eg rhiwmatolegwyr  
**Richmond Fellowship** Cymdeithas Richmond *eb*  
**Riding for the Disabled Association** Cymdeithas Marchogaeth i'r Anabl *eb*  
**Right to Write** Hawl i Ysgrifennu *eb*  
**Rights Line** Llinell Hawliau *eb*  
**RNIB Housing Service** Gwasanaeth Tai RNIB eg  
**RNIB Self-employment Development Unit** Uned Datblygu Hunangyflogaeth RNIB  
*eb*  
**Royal Association for Disability and Rehabilitation (RADAR)** Cymdeithas  
Frenhinol dros Anabledd ac Ailsefydlu *eb*  
**Royal Association in Aid of Deaf People** Cymdeithas Frenhinol Cynorthwyo Pobl  
Fyddar *eb*  
**Royal London Society for the Blind** Cymdeithas Frenhinol Llundain i'r Deillion *eb*  
**Royal National College for the Blind** Coleg Cenedlaethol Brenhinol y Deillion eg  
**Royal National Institute for Deaf People** Sefydliad Cenedlaethol Brenhinol Pobl  
Fyddar eg  
**Royal National Institute for the Blind** Sefydliad Cenedlaethol Brenhinol Pobl  
Ddall eg

## S

**SCOPE** SCOPE eg  
**Scottish Association for Mental Health** Cymdeithas Iechyd Meddwl yr Alban *eb*  
**Scottish Higher Education Funding Council** Cyngor Cyllido Addysg Uwch yr  
Alban eg  
**Scottish Homes** Cartrefi'r Alban *el*  
**Scottish Sports Association for the Disabled** Cymdeithas Chwaraeon yr Alban i  
Bobl Anabl *eb*  
**self-help device** dyfais hunan-gymorth *eb* dyfeisiau hunan-gymorth  
**self-help group** grŵp hunan-gymorth eg grwpiau hunan-gymorth  
**senile dementia** gorddryswch heneiddio eg  
**sensory impaired person** person sydd â nam ar ei synhwyrau eg pobl sydd â nam  
ar eu synhwyrau  
**Sequal Trust** Ymddiriedolaeth Sequal *eb*  
**service** gwasanaeth eg gwasanaethau  
**service provider** darparwr gwasanaethau eg darparwyr gwasanaethau  
**service team** tîm gwasanaeth eg timau gwasanaeth  
**severe disablement allowance** lwfans anabledd difrifol eg lwfansau anabledd  
difrifol  
**severe disfigurement** anffurfiad difrifol eg anffurfiadau difrifol  
**Shaftesbury Society** Cymdeithas Shaftesbury *eb*

**Shape Network** Rhwydwaith Shape eg

**Shaw Trust** Ymddiriedolaeth Shaw eb

**Shelter** Shelter eg

**sheltered accommodation** llety gwarchodol eg lletyau gwarchodol

**sheltered employment** gwaith gwarchodol eg

**sheltered housing** cartref gwarchodol eg cartrefi gwarchodol

**sickness benefit** budd-dal salwch eg budd-daliadau salwch

**sight test** n prawf gweld eg profion gweld

**Sign Campaigning for Services in Mental Health and Deafness** Ymgyrch

Arwyddion mewn Gwasanaethau Iechyd Meddwl a Byddardod eb

**sign language** iaith arwyddion eb ieithoedd arwyddion

**sign language interpreter** cyfieithydd iaith arwyddion eg cyfieithwyr iaith  
arwyddion

**sign language user** person sy'n defnyddio iaith arwyddion eg pobl sy'n defnyddio  
iaith arwyddion

**signer** arwyddwr eg arwyddwyr

*This term should not be used as, sign language is a language like any other. Use 'interpreter' instead.*

**simultaneous translation** cyfieithu ar y pryd be

**simultaneous translator** cyfieithydd ar y pryd eg cyfieithwyr ar y pryd

**SINGALONG Group** Grŵp SINGALONG eg

**sitter** eisteddwyr eg eisteddwyr

**sitting service** gwasanaeth eistedd eg gwasanaethau eistedd

**Skill (National Bureau for Students with Disabilities)** Swyddfa Genedlaethol  
Myfyrwyr Anabl eb

**skills development centre** canolfan datblygu sgiliau eb canolfannau datblygu  
sgiliau

**Snowdon Award Scheme** Cynllun Grantiau Snowdon eg

**Social Funds payment** taliad o'r Gronfa Gymdeithasol eg taliadau o'r Gronfa  
Gymdeithasol

**society** cymdeithas eb cymdeithasau

**source of funding** ffynhonnell ariannu eb ffynonellau ariannu

**source of support** ffynhonnell cefnogaeth eb ffynonellau cefnogaeth

**special bed** gwely arbennig eg gwelyau arbennig

**special chair** cadair arbennig eb cadeiriau arbennig

**special computer equipment** cyfarpar cyfrifiadurol arbennig eg

**special computer software** meddalwedd cyfrifiadurol arbennig eg

**special discount agreement** cytundeb disgownt arbennig eg cytundebau disgownt  
arbennig

**Special Educational Needs Tribunal** Tribiwnlys Anghenion Addysgol Arbennig eg

**special income tax allowance** lwfans treth incwm arbennig eg lwfansau treth  
incwm arbennig

**special mattress** matres arbennig eg matresi arbennig

**special need** angen arbennig eg anghenion arbennig

- The term ‘specific needs’ should be used wherever possible instead of this term, to denote particular needs disabled people may have in order to deal with various impairments since there is nothing ‘special’ about those needs.*

**specialist resource pack** pecyn adnoddau arbenigol eg pecynnau adnoddau arbenigol

**specialist sports wheelchair** cadair olwyn arbenigol ar gyfer chwaraeon *eb* cadeiriau olwyn arbenigol ar gyfer chwaraeon

**specialist treatment** triniaeth arbenigol *eb* triniaethau arbenigol

**specific need** angen penodol eg anghenion penodol

**speech therapy adviser** ymgynghorydd therapi lleferydd eg ymgynghorwyr therapi lleferydd

**Spinal Injuries Association** Cymdeithas Anafiadau'r Asgwrn Cefn *eb*

**St. John's Ambulance Brigade** Brigâd Ambiwlans Sant Ioan *eb*

**standard amenity** mwynder safonol eg mwynderau safonol

**Standing Conference for People with a Learning Disability in Wales (SCoVO)**

Cynhadledd Sefydlog Pobl ag Anabledd Dysgu yng Nghymru *eb*

**stocking aid** teclyn gwisgo sanau eg teclynnau gwisgo sanau

**stroke** strôc *eb* strociau

**Stroke Association** Cymdeithas Strôc *eb*

**student with a learning difficulty** myfyriwr gydag anhawster dysgu eg myfyrwyr gydag anhawster dysgu

**substantial and long-term adverse effect** effaith andwyol sylweddol a thymor hir *eb*

**suitable for an individual’s needs** addas ar gyfer anghenion unigolyn *ans*

**support n** cefnogaeth *eb*

**support v** cefnogi *be*

**support and encourage disabled people** cefnogi ac annog pobl anabl *be*

**support for disabled children at mainstream schools** cefnogaeth i blant anabl mewn ysgolion prif-ffrwd *eb*

**Supported Employment Programme** Cynllun Cyflogaeth gyda Chymorth *eg*

**surgical appliance (= orthosis)** teclyn esmwytho meddygol eg teclynnau

esmwytho meddygol

**surgical brassière** bra meddygol eg bras meddygol

**surgical footwear** esgid feddygol *eb* esgidiau meddygol

**Suzy Lamplugh Trust** Ymddiriedolaeth Suzy Lamplugh *eb*

## T

**talking calculator** cyfrifiannell lafar *eb* cyfrifianellau llafar

**tap turner** dyfais troi tap *eb* dyfeisiau troi tap

**tape recorder** recordydd tâp *eg* recordwyr tâp

**taxi card** cerdyn tacsi *eb* cardiau tacsi

**taxi voucher** taleb tacsi *eb* talebau tacsi

**Telephone Befriending Service** Gwasanaeth Cyfeillion Ffôn *eg*

**Telephone Counselling Service** Gwasanaeth Cynghori dros y Ffôn *eg*

**Telephones for the Blind Fund** Cronfa Teleffonau i'r Deillion *eb*

**tetraplegia** tetraplegia eg  
**tetraplegic adj** tetraplegaidd ans  
**tetraplegic n** person â thetraplegia eg pobl â thetraplegia  
**text terminal** terfynell testun eb terfynellau testun  
**toilet rail** canllaw toiled eg canllawiau toiled  
**touch-based communication system** system cyfathrebu drwy gyffwrdd eb  
    systemau cyfathrebu drwy gyffwrdd  
**training** hyfforddiant eg  
**Training and Consultancy Service** Gwasanaeth Hyfforddi ac Ymgynghori eg  
**Training and Enterprise Council** Cyngor Hyfforddi a Menter eg  
**training centre** canolfan hyfforddi eb canolfannau hyfforddi  
**Training for Work** Hyfforddiant ar gyfer Gwaith eg  
tray hambwrdd eg hambyrddau  
tripod walking aid ffon drithroed eb ffyn trithroed  
truss (for support) *n* gwregys cynnal eg gwregysau cynnal  
**Tuberous Sclerosis Association (SOS)** Cymdeithas Sglerosis Twberus eb  
turn the steering wheel by hand troi'r llyw â llaw be  
turning knob dwrn troi eg dyrnau troi

## U

**UK Coalition of People Living with HIV and AIDS** grŵp Prydeining Pobl sy'n Byw  
    gyda HIV ac AIDS eg  
**UK Rett Syndrome Association** Cymdeithas Syndrom Rett y DU eb  
**umbrella group** grŵp ambarél eg grwpiau amabarél  
**United Kingdom Sports Association for the Mentally Disabled** Cymdeithas  
    Chwaraeon y Deyrnas Unedig i Bobl ag Anabledd Dysgu eb  
**United Response** Ymateb Unedig eg  
**unlawful discrimination n** gwahaniaethu anghyfreithlon be  
**Usher Syndrome Rehabilitation Services** Gwasanaethau Ailsefydlu Syndrom  
    Usher e//

## V

**Vaccine Damage Payments Unit** Uned Taliadau Niwed drwy Frechiad eb  
**verbal dyspraxia** dyspraccia lleferydd eg  
**version with signs and symbols** fersiwn gydag arwyddion a symbolau eg  
    fersiynau gydag arwyddion a symbolau  
**vibrating doorbell** cloch drws sy'n dirgrynu eb clychau drws sy'n dirgrynu  
**victimization n** fictimeiddio be  
**video** fideo eg fideos  
**visually-impaired child** plentyn â nam ar ei olwg eg plant â nam ar ei olwg  
**voluntary aid society** cymdeithas cymorth gwirfoddol eb cymdeithasau cymorth  
    gwirfoddol  
**voluntary care** gofal gwirfoddol eg  
**voluntary home** cartref gwirfoddol eg cartrefi gwirfoddol

**voluntary organisation** cymdeithas wirfoddol *eb* cymdeithasau gwirfoddol

**voluntary patient** claf gwirfoddol *eg* cleifion gwirfoddol

**voluntary worker** gweithiwr gwirfoddol *eg* gweithwyr gwirfoddol

**voucher** taleb *eb* talebau

**voucher scheme** cynllun talebau *eg* cynlluniau talebau

## W

**walking aid** cymorth cerdded *eg*

**walking frame** pulpud *eg* pulpudau

**walking stick** ffon gerdded *eb* ffyn cerdded

**War Pensioner's Mobility Supplement** Atodiad Symud o Gwmpas i Bensiynwyr

Rhyfel *eg*

**welfare service** gwasanaeth lles *eg* gwasanaethau lles

**Welsh Arts Council** Cyngor Celfyddydau Cymru *eg*

**Welsh Council of Deaf People** Cyngor Cymreig Pobl Fyddar *eg*

**West of England School for Children with Little or No Sight** Ysgol Gorllewin

Lloegr i Blant Sy'n Gweld Ychydig neu Ddim *eb*

**wheelchair** cadair olwyn *eb* cadeiriau olwyn

**wheelchair access** mynedfa i gadeiriau olwyn *eb* mynedfeydd i gadeiriau olwyn

**wheelchair accessible** hygrych i gadeiriau olwyn *ans*

**wheelchair housing** cartref cadair olwyn *eg* cartrefi cadair olwyn

**wheelchair space** lle i gadair olwyn *eg* llefydd i gadair olwyn

**wheelchair user** defnyddiwr cadair olwyn *eg* defnyddwyr cadair olwyn

**wheelchair-accessible taxi** tacsi sy'n cymryd cadeiriau olwyn *eg* tacsis sy'n

cymryd cadeiriau olwyn

**wide access door** drws llydan *eg* drysau llydan

**widen doorways** v lledu drysau *be*

**wig** wig *eg* wigiau

**wound dressing** rhwymyn ar gyfer briwiau *eg* rhwymynnau ar gyfer briwiau

XYZ

**Young Arthritis Care** Gofal am Arthritis yr Ifanc *eg*

**young disabled adult** oedolyn ifanc anabl *eg* oedolion ifanc anabl

**young person** person ifanc *eg* pobl ifanc

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The Welsh Language Board operates a helpline, which offers information on all issues relating to the Welsh language. So, if you've got a query of any kind about the Welsh language, call the LINK LINE TO WELSH on 0845 607 6070