

## Support

In the meantime, if you need pre-diagnostic support as well as advice or strategies, here are some useful contacts in your area.

### National Autistic Society (NAS)

The leading UK charity providing information on different support services, as well as guidance and emotional support to parents and carers.

[www.autism.org.uk](http://www.autism.org.uk)

### Autism Wales

ASD Info Wales provides information about Autistic Spectrum Disorders, service details, training opportunities and updates on the implementation of the ASD Strategic Action Plan for Wales.

<http://autismwales.org/en/>

[Home | Autism Wellbeing](#)

### Flying Start

Support for families of children under 4, including intensive health visiting, free childcare for 2-3 year olds and parenting programmes.

Tel: 01554 742447 (Carmarthenshire)

01437 775700 (Pembrokeshire)

01239 621687 (Ceredigion)

### Plant Dewi

Support for families of children between ages of 0-11, offering support, parenting courses and confidence building.

Tel: 01267 221551 (Carmarthenshire)

014377 770020 (Pembrokeshire)

01545 574187 (Ceredigion)

[www.plantdewi.org.uk](http://www.plantdewi.org.uk)

### Young Minds

Offering advice and support regarding concerns with behaviour, emotional wellbeing and mental health

Tel: 0808 8025544

[www.youngminds.org.uk](http://www.youngminds.org.uk)

### Team around the Family (TAF)

For those worried about their child or experiencing parenting stress, the team will help to develop strengths within the family and look at extra support

Tel: 01267 246555 (Carmarthenshire)

014377 775700 (Pembrokeshire)

01545 572649 (Ceredigion)

### Cerebra

Cerebra is a unique charity set up to help improve the lives of children with brain related conditions through research, education and directly supporting the children and their carers

[www.cerebra.org.uk](http://www.cerebra.org.uk)

### Pembrokeshire Parent Partnership Service

Confidential advice and support, as well as practical help with letters and filling out forms. It also provides help to gain access to various support services, and support to make informed decisions about school and other educational placements and provision from health, social services and other agencies.

Pembrokeshire - 01437 776354, [pps@pembrokeshire.gov.uk](mailto:pps@pembrokeshire.gov.uk)

Carmarthenshire - 01267 246466

### Autism Wellbeing

Autism Wellbeing CIC is a not-for-profit social enterprise based in Carmarthenshire. The team includes highly skilled professionals with specialisms in autism, sensor processing and psychology. Offering support, training courses and resources.

<https://www.autismwellbeing.org.uk/>

### Carers UK

Parent/carers may be entitled to a carer's needs assessment from their local county council. Please see the following website for further information

<https://www.carersuk.org/wales/help-and-advice/factsheets-carers-wales/getting-an-assessment-in-wales>.

### Contact us:

#### Neurodevelopmental Team

Building 1, St David's Park, Job's Well Road

Carmarthen

SA31 3HB

01267 283077



GIG  
CYMRU  
NHS  
WALES

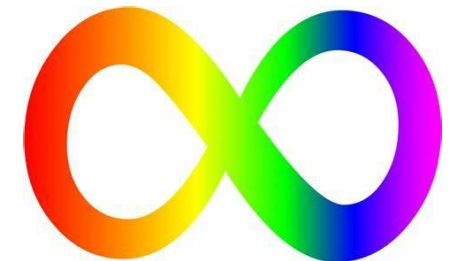
Bwrdd Iechyd Prifysgol  
Hywel Dda  
University Health Board

## Neurodevelopmental Service

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## Autism Assessment Service

An information leaflet about  
the assessment

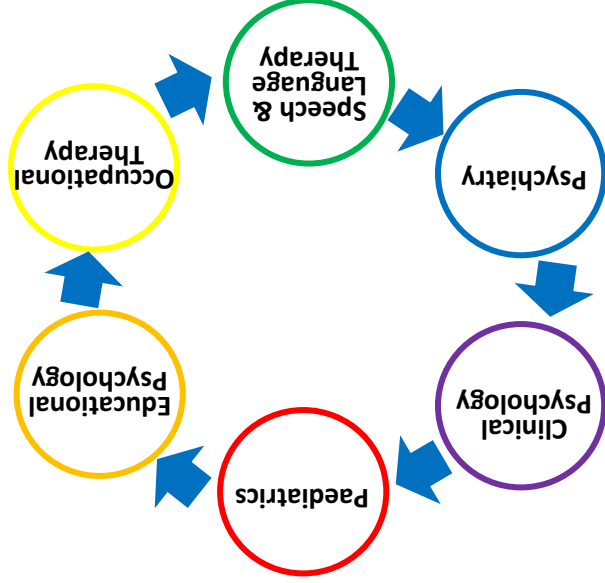


Why has my child been referred to the Neurodevelopmental Service?

You, or people working with your child, may have noticed differences in your child's communication, social skills, and behaviour. As a result, a health or education professional that has met your child has referred them for an ASD assessment. The assessment will focus on whether or not your child is presenting differences that are consistent with Autism Spectrum Disorder (ASD).

When the referral has been accepted your child will be added to the team's waiting list.

Who is in the ASD team?



The ASD team meet weekly to discuss cases at a multi-disciplinary meeting.

What happens first?

You have been asked to sign a consent form to allow us to gather more information from other services that your child may be involved with.

When we start the assessment you will be asked to fill out questionnaires regarding past medical history, family history, language development, social interaction and imaginative play. You will have opportunity to discuss this information, along with any other current concerns, at some point during the process.

Your child will have an appointment which involves many activities, these are play or activity based. Sometimes your child may be seen on their own you may be asked to wait in a waiting room. We may need to carry out further assessment or which may include another clinic appointment or school visit.

What happens next?

Once the assessment process is completed, the information will be discussed by the team. Often a decision can be made at this point as to whether a diagnosis of ASD is made or not. Sometimes the team decide further assessment is required. If this occurs you will be informed.

Final Steps

Once a decision has been made by the team, we will contact you regarding the outcome as to whether your child has been given a diagnosis of ASD or not. It will be your decision as to whether you would like feedback over the phone or in clinic, with or without your child.

Whatever the outcome you will receive a report describing your child's profile of strengths and needs with recommendations to help provide understanding and support for your child.

Depending on the outcome of the assessment, you will be given information and may be referred to other services that might be able to help you and your child.

We recommend that the report is shared with other services your child is involved with. This will be discussed with you during the feedback appointment.

Once the findings have been discussed and shared, you will be discharged from the Neurodevelopmental Service. Due to the small size of the team we cannot currently offer direct ongoing support.