



Cynllun Llesiant Lleol 2023-28: Dyddiadur Gweithgareddau Codi Ymwybyddiaeth

Local Well-being Plan 2023-28: Awareness Raising Diary of Events

Mae'r calendr digwyddiadau hwn yn amlygu digwyddiadau cymunedol yn y gorffennol a fynychwyd gan y Tîm Partneriaethau a digwyddiadau sydd i ddod lle bydd y tîm a phartneriaid yn bresennol i hyrwyddo gwaith y Bwrdd Gwasanaethau Cyhoeddus (BGC) a'r Cynllun Llesiant Lleol. **Anogir partneriaid y BGC ac aelodau'r cyhoedd i gysylltu â'r Tîm Partneriaethau partnerships@ceredigion.gov.uk gydag awgrymiadau ar gyfer digwyddiadau ychwanegol a allai fod yn addas i'w cynnwys.** Bydd y calendr digwyddiadau hwn yn cael ei ddiweddarau bob chwarter.

This events calendar highlights both past community events attended by the Partnerships Team and upcoming events where the team and partners will be present to promote the work of the Public Services Board (PSB) and the Local Well-being Plan. **PSB partners and members of the public are encouraged to contact the Partnerships Team partnerships@ceredigion.gov.uk with suggestions for additional events that may be suitable for inclusion.** This events calendar will be updated on a quarterly basis.

Gweithgareddau ar gyfer ystyriaeth i'r dyfodol / Events to consider future attendance:

DYDDIAD DATE	TEITL EVENT TITLE	TREFNWYR ORGANISER	GWYBODAETH YCHWANEGOL (gan gynnwys cyswllt e-bost) ADDITIONAL DETAILS (including email contact details)
18.02.26 10am-2pm	Health and Wellbeing Event at the Wellbeing Centre in Lampeter	Jayne Owen, Cyfle Cymru, jayne.owen@barod.cymru Rob Allen, Hywel Dda Community Development Outreach robert.allen@wales.nhs.uk ,	Wellbeing Centre in Lampeter Practical information • Arrival and set-up from 9:00am • Event closes at 2:00pm, with departure by 3:00pm • Refreshments will be provided. Please bring your own lunch or make use of local cafés and shops in Lampeter. • Car parking is available on site

		Elinor Chandler, Carers and Community Support team connecting@ceredigion.gov.uk	Please bring a tablecloth for your display table Please note that we are limited to 30 display stands. If you would like to attend, we would be grateful if you could confirm by 5:00pm on Friday 16 January 2026.
Tuesday 3rd March	Health and Wellbeing event	Helen Williams	Borth Community Hub
Monday 16th March	Food Security Summit	Ann Owen, Ceredigion Local Food Partnership ann.owen@mentera.cymru	Aberystwyth University
Friday 10th April	Health and Wellbeing event	Jayne Owen, Cyfle Cymru, jayne.owen@barod.cymru Rob Allen, Hywel Dda Community Development Outreach robert.allen@wales.nhs.uk, Elinor Chandler, Carers and Community Support team connecting@ceredigion.gov.uk	Tregaron The event will bring together a range of organisations and services to share information, advice and support with the local community. If you're able to attend, we'd welcome you to host an information or display stand on the day.
Wednesday 15 April 10am - 2pm	Health at the Hub	Elinor Chandler, Carers and Community Support team connecting@ceredigion.gov.uk	Penparcau Hub Chat with local groups and services, pick up advice and information to help you stay well and connected, and access free health checks.
Saturday 25th April	Aberystwyth Pride	Project L.U.N.A. Pride 2026 Project L.U.N.A.	Aberystwyth Castle, march to the Bandstand Stalls and activities will be at the bandstand. For anyone who wants to help bring Pride to Life! We're looking for volunteers, vendors, and anyone who wants to help organise Pride 🏳️‍🌈 Whether you have time, skills, services, space, or ideas to offer, we'd love to hear from you.
Saturday 11th July	Ceredigion Nature Festival 26	Ceredigion Local Nature Partnership biodiversity@ceredigion.gov.uk	Aberystwyth Castle Part of Wales Nature Week. Nature enthusiastic individuals, groups and organisations can book a stand at the event. Do you have something to show, a message to

			put out, an activity you would like to share or something to sell?
Wednesday 22 July 10am - 2pm	Health at the Hub	Elinor Chandler, Carers and Community Support team connecting@ceredigion.gov.uk	Penparcau Hub Chat with local groups and services, pick up advice and information to help you stay well and connected, and access free health checks.
Wednesday 5th August	RAY Play Day	Gill Byrne, RAY Ceredigion Gill.byrne@rayceredigion.org.uk	Square Field Aberaeron
Wednesday 21st October 10am - 2pm	Health at the Hub	Elinor Chandler, Carers and Community Support team connecting@ceredigion.gov.uk	Penparcau Hub Chat with local groups and services, pick up advice and information to help you stay well and connected, and access free health checks.

[Ewch i dudalen we Darganfod Ceredigion am fanylion Gwyliau a Digwyddiadau Bwyd a Diod sydd ar ddod ar draws y rhanbarth.](#)

[Visit the Discover Ceredigion webpage for details on upcoming Food and Drink Festivals and Events across the region.](#)

[Yn ychwanegol dyma ddolen Sioeau Amaethyddol a Digwyddiadau Cefn Gwlad ar dudalen Darganfod Ceredigion / Additionally, here is the Agricultural Shows and Countryside Events link on the Discover Ceredigion page.](#)

Gweithgareddau Mynychwyd / Events Attended:

DYDDIAD	TEITL	TREFNWYR	ARWEINYDD	GWYBODAETH YCHWANEGOL (gan gynnwys cyswllt e-bost)
DATE	EVENT TITLE	ORGANISER	LEADING PARTNER	ADDITIONAL DETAILS (including email contact details)

Tuesday 13th January 10am – 2pm	Winter Wellbeing Community event	Aberporth Community Council Vanessa Owens, clerk clerk@aberporthcommunitycouncil.gov.uk	Aberporth Village Hall - Promote local activities, services, and support available over winter - Strengthen community connections - Share information that helps residents stay healthy, warm, and well Provide an opportunity for groups and organisations to network and collaborate	
26.11.25	Severn Wye Energy Event	Severn Wye communityadvice@severnwyne.org.uk	Severn Wye	Aberystwyth Bandstand 10-4pm
18.11.25	Carers Rights Day event	Carers and Community support team connecting@ceredigion.gov.uk	CCC	Aberporth Village Hall, SA43 2EW
13.11.25	At Your Service Event	MAWW Fire	MAWW Fire	Collaborative Health and Wellbeing Day Trefechan Fire Station SY23 1BE 2pm - 7pm
17.09.2025	Health at the Hub in Penparcau Hub	CCC – Carers and Community Support	Elinor Ashworth-Chandler	Penparacu Hub, Aberystwyth 10-2
06.08.2025, 11:30am – 3:30pm	Diwrnod Hwyl RAY Ceredigion Playday	Ray Ceredigion	Gill Byrne enquiries@rayceredigion.org.uk	Square Field Aberaeron Free Entry Activities for Children of all ages with over 30 deifferent stands. Digwyddiad i'r cyhoedd / Public Event
24.06.25, 9am- 4pm	Youth Work Conference	Cyngor Sir Ceredigion County Council	Gethin Jones	Gethin.Jones@ceredigion.gov.uk

				Medrus Centre Aber University. Target Audience - professionals and those with an interest in youth work <u>Register your interest here by 02/06/25: CYS Conference 2025</u>
10.06.25	ABERPORTH HEALTH AND WELLBEING	Public Health Team Hywel Dda University Health Board	Rob Allen Community Development Outreach Officer	Presenoldeb gan y Tîm Partneriaethau / Attended by the Partnerships Team.
24.04.25	Jig-So Fun Fest & Information Day	Jig-So	Alison Sinclair / Julie Williams	Presenoldeb gan y Tîm Partneriaethau / Attended by the Partnerships Team.
26.02.25 at 09:00-16:00	Lampeter Well-being Show	Community Development Outreach Team (HDdUHB)	Rob Allen / Sandra Mitchell	Digwyddiad i'r cyhoedd / Public Event Presenoldeb gan y Tîm Partneriaeth / Attended by the Partnership Team.
22.08.2024	Hâf o Hwyl – Summer of Fun	Cyngor Sir Ceredigion County Council & Tai Wales & West Housing	Emily Edwards	Parc Pentop Park Aberteifi – 11y.b/a,m – 2y.p/p.m Emily Edwards: <u>emily.edwards@ceredigion.gov.uk</u> Presenoldeb gan y Tîm Partneriaeth / Attended by the Partnership Team.
26.07.2024	Sioe Teithiol Plascrug /	Cyngor Sir Ceredigion County Council	Porth Cymorth Cynnar	Canolfan Hamdden Plascrug Leisure Centre

	Plascrug Roadshow		Tîm Cysylltwyr Cymunedol / Community Connector Team.	Presenoldeb gan CAVO /CAVO in attendance.
22.08.2024	Sioe Teithiol Llambled / Lampeter Roadshow	Cyngor Sir Ceredigion County Council	Porth Cymorth Cynnar Tîm Cysylltwyr Cymunedol / Community Connector Team	Canolfan Llesiant Llambled / Lampeter Wellbeing Centre Presenoldeb gan CAVO / CAVO in attendance.