

PSB Project Group Report

Prepared by: Ieuan Griffiths & Sara Dafydd

Well-being Plan Aim	All place-based pilot projects will aim to address the 6 well-being aims as outlined in the Ceredigion Local Well-being Plan 2018-23. A place-based delivery framework will prioritise integration and will incorporate a deep-dive holistic approach to both community and individual resilience.
Our Values	Welsh Language, Tackling Inequalities, Involvement, Sustainability, Leading by Example
Project Group Name	Well-being in Lampeter
Chair	Elen James , Ceredigion County Council

Project Group Membership *(Names in **bold** signify attendance at the meeting)*

Ceredigion County Council	Naomi McDonagh, Sara Dafydd, Carwyn Young, Cathryn Morgan, Connor Cook , Sarah Groves-Phillips, Gethin Jones, Llinos Hallgarth, Lowri Evans , Lynne Walters, Rachel Auckland, Alison Heal, Cllr Ann Bowen Morgan, Sian Salcombe, Sara Humphreys, Bethan James	Natural Resources Wales	Aled Davies, Rachel Jarvis , Thomas Vetter
Hywel Dda University Health Board	Jina Hawkes, Peter Skitt, Terri-Ann Patrick, Meinir Harries	University of Wales Trinity Saint David	Gwilym Dyfri Jones, Emyr Jones, Hazel Thomas

Dyfed-Powys Police	Christina Fraser, Matthew Howells	Mid & West Wales Fire Service	Neil Evans, Iwan Cray
Barcud	Catrin Owen, Helen Draycott	CAVO	Hazel Lloyd-Lubran, Teleri Davies
Home-Start	Sharon Morris	Ysgol Bro Pedr	Deiniol Williams
Lampeter Food Bank	Julia Lim	Lampeter Family Centre	Elin Miles
Arts4Wellbeing	Mike Hotson, Sara Wentworth	Wales and West Housing Association	Rhiannon Ling
Co-production Network for Wales	Roxanne Treacy , Vikki Butler		

SYNOPSIS OF PROJECT GROUP MEETING

Key Points discussed at Project Group meeting:

5.1 Welcome, Introductions and apologies

The Chair welcomed members to the meeting. Due to time constraints and a full Agenda, apologies were not noted.

5.2 Minutes and matters arising from the previous meeting

All members agreed on the accuracy of the previous minutes. A presentation on Canolfan Tir Glas and a Task and Finish group update was included as part of the meeting. The following updates were provided with regards to the remaining actions:

- Sara Dafydd (SD) to work with partners to prepare leaflet outlining avenues of support specific to Lampeter for those in need.

As a comprehensive Cost of Living (CoL) leaflet prepared by Ceredigion County Council's (CCC) Equalities and Inclusion Team was to be distributed to all Ceredigion households outlining support to residents, following correspondence with sub-group members, it was agreed that creating an additional leaflet specific to Lampeter would prove confusing and risk diluting the messaging of the CoL leaflet.

- SD to draft Action Plan template and circulate.

As the majority of the previous Action Plan template related to the proposed work around the support leaflet specific to Lampeter, it was proposed that a new Action Plan is formulated and circulated to sub-group members.

ACTION: SD to draft Action Plan template and circulate to sub-group members.

- Members to consider who else may benefit from attending this sub-group.

The Chair welcomed new sub-group members Cllr Ann Bowen Morgan, Sian Salcombe and Sara Humphreys to the meeting.

5.3 Co-production Network for Wales Presentation – Roxanne Treacy

The Co-production and Involvement with Public Services Boards (PSBs) programme is a 5-year programme ending in February 2026 funded by the National Lottery Community Fund: Supporting Great Ideas. The Co-Production Network for Wales (CPNW) have been working with the West Wales cluster (Pembrokeshire, Carmarthenshire and Ceredigion) since January 2022. The Well-being of Future Generations Act recommends that public bodies embed a culture of citizen and stakeholder involvement by having meaningful conversations with communities to discover what matters to them, and ensure their views are considered and reflected when decisions are made. CPNW work alongside PSBs and its members to support practical implementation and develop their capabilities, capacity and confidence.

CPNW are looking to create the conditions for sustainable relationships between organisations and with communities and citizens, through an ongoing involvement infrastructure. This includes developing meaningful engagement opportunities including with seldom heard voices, that lead to the involvement of communities in the co-production of local solutions, where both people and professionals leverage their strengths and resources to effect positive change. The Team is working with PSBs to consolidate relationships of trust with communities through the Local Wellbeing Plans, and supporting the move from engagement to involvement. RT reported that CPNW have recently designed and co-facilitated an engagement session on the Local Wellbeing Plan 2023-2028 with 13 primary and 3 secondary schools alongside members of CCC's Policy and Performance Team. Child friendly versions of the feedback are currently being produced and will be circulated to the schools involved when complete.

CPNW meet regularly with the 3 PSB clusters they support, both on a cluster and local level. RT also highlighted the PSB Learning Network as a useful resource, whereby CPNW connect with the wider PSB across Wales to share lessons learnt, findings and experiences through a fortnightly news bulleting and monthly learning events for all PSBs and their members.

5.4 Ceredigion Food Network & Ceredigion Local Food Partnerships Grant Application – Cathryn Morgan

Cathryn Morgan (CM) provided an overview on the Ceredigion Food Network. The group was initially established in December 2019 following the allocation of funding by Welsh Government to mitigate the effects of food poverty – Initial members of the group included those involved with Food Banks, Community Fridges and surplus food initiatives, but has since grown to include food growers to ensure consideration is also given to sustainability. Co-ordinated by the Local Authority, the group meet on a quarterly basis along with a representative from Ceredigion Association of Voluntary Organisations (CAVO), Ben Lake MP and Elin Jones MS to discuss any emerging trends or concerns, as well as discussing funding, opportunities for networking and ensuring good links between community groups and decision makers.

ACTION: CM to share a list of Ceredigion Food Network members.

An update was also provided by CM on progress with the Ceredigion Local Food Partnerships Grant. In line with other Local Authority areas who are in the process of pulling together various food groups, an application for Welsh Government funding was made at the end of 2022 with the aim of developing a Sustainable Food Partnership with the support of Food Sense Wales. CM confirmed that the application was successful, and £97,000 has been allocated to Ceredigion - £37,000 will be spent on a project coordinator, whilst £60,000 will be allotted to projects. A meeting of the Local Food Partnerships Grant Steering Group is scheduled for the coming week where further discussions will take place. The funding is currently managed by Eirlys Lloyd (Community Partnerships Manager, Economy and Regeneration), but it's anticipated that the activities carried out as part of the grant will link with the work of the PSB and its sub-groups. The Chair confirmed that it would be beneficial for the Lampeter sub-group to receive an update at the next meeting as to proposals for spend and progress on appointing a coordinator.

ACTION: CM to share a copy of the Local Food Partnerships Grant Application.

ACTION: The Partnerships Team to invite Eirlys Lloyd to the next meeting to present an update.

5.5 Task and Finish Group Feedback – Sara Dafydd

It was proposed at the previous meeting that a Task and Finish group was established to focus on aligning the actions of various community development efforts in Lampeter, with a specific focus on food. SD reported that a meeting had taken place, and was attended by Carwyn Young (CY), Hazel Thomas (HT), Julia Lim (JL) and Terri-Ann Patrick (TAP). Those present at the meeting provided an overview of their areas of work, specifically in relation to food and well-being, and ideas were discussed as to how ongoing and future activities could complement and enrich each other, as opposed to competing and duplicating efforts.

Conversations around the latest developments at the Wellbeing Hub was had, and whilst it will be a base for CCC service provision, CY confirmed at the Task and Finish meeting that it is hoped that there will be opportunities for 3rd sector groups to run sessions from

the Hub. SD reported that the importance of intergenerational work was also discussed at the meeting, with the group considering opportunities for the younger and older generation to learn from each other. Specifically, TAP specified that consideration should be given to ensuring that support is extended to residents with caring responsibilities as well as individuals who require care / have chronic comorbidities and are unable to leave the house. The group discussed linking with local schools to scope opportunities for delivering food boxes to the most vulnerable as identified by the District Nursing Team, or delivering meals cooked by Youth Groups. Deiniol Williams (DW) noted that Ysgol Bro Pedr were keen to do more intergenerational work, and GDJ confirmed that consideration would be given to how students could contribute.

The group agreed that the Community Connectors are vitally important for raising awareness of support avenues in Lampeter and the surrounding area, and SD confirmed that following a discussion with the Chair, that it was hoped that the Community Connectors would be able to provide a presentation at the next meeting. SD reported that a discussion was also held around an appropriate forum for community groups to utilise in order to discuss ideas, network and promote any local activities and initiatives. Whilst a Teams site and WhatsApp group were considered, the group agreed that it would be beneficial to explore how the Connect Ceredigion platform could support this. SD confirmed that contact will be made with CAVO to discuss how the platform could be used. The Task and Finish group will reconvene prior to the next sub-group meeting.

ACTION: SD to get in touch with CAVO to discuss Connect Ceredigion.

ACTION: SD to arrange for a presentation to be given on the Community Connectors at the next meeting.

5.6 Well-being Centre Update – Carwyn Young

CY confirmed that building work commenced in August 2022 on the Wellbeing Centre which is a £1.8 million investment. It was confirmed that services provided by the Leisure Centre have since relocated to the University whilst the building work takes place. CY shared progress pictures of the building work and illustrations of the Centre's layout, which includes a large multipurpose activity room, kitchen and family / youth room.

CY noted that the building work is due to be completed by the end of February 2024 with a view to open in April 2024. Teleri Davies (TD) enquired as to whether there will be a communication plan that will outline for residents what is on offer at the Centre, and CY confirmed that information will be circulated via comms and Clic, and that residents and services will be able to see tangible changes on the ground as to how the Centre could be used. Following a query on the size of the sports hall from Cllr Ann Bowen Morgan, CY confirmed that it will remain a significant space that can accommodate the activities previously carried out there. The Chair reinforced that the project will evolve over time, with services being brought closer to Lampeter and the surrounding area.

5.7 Canolfan Tir Glas Presentation – Gwilym Dyfri Jones

GDJ explained that the University of Wales Trinity Saint David's (UWTSD) have been formulating a campus development plan for the next 10-20 years, a vision called Tir Glas. It is a long-term scheme that will stimulate economic, social and cultural activity in the area and inject new life and energy into the town. It is a collaborative venture that will see the University working closely with Ceredigion County Council, Coleg Ceredigion and Coleg Sir Gâr, Lampeter Town Council, the Mid Wales Partnership and both the Welsh and UK Governments. It is hoped that the development will raise the profile of Lampeter, secure a long-term sustainable future and make a positive difference to the town's residents. GDJ confirmed that components of this vision came to fruition following conversations with the community.

There are 6 components to Tir Glas:

1. *Pontfaen Food Village*: A planning application has been submitted to CCC to develop a food village on Pontfaen fields.
2. *Community Food Hub*: It is hoped that this concept will provide a presence in the heart of the town for UWTSD.
3. *Academy of Contemporary Food Wales*: This component will be based on campus and will focus on food sustainability.
4. *A Rural Enterprise Hub*: The Hub will look to support students and community members looking to start businesses.
5. *The Wales Centre for Resilience and Harmony*: The Centre will focus on building local resilience.
6. *CWIC Welsh Timber and Building Performance Development Centre*: This component looks to focus on understanding the physical and mechanical distinctiveness of Welsh wood and how this impacts on the way it can be used for different building purposes.

Tir Glas' values include local ownership and control by encouraging the community to be involved in proceedings, promoting social and economic development and engaging with local practitioners and future generations. GDJ noted that by 2028, it is hoped that Lampeter will have been transformed into a food destination whereby people will travel from afar to sample the best Welsh produce, and the University Campus will have been reinvigorated with a range of new undergraduate and postgraduate courses. There has already been a significant investment in this vision by UWTSD and CCC, and a further submission has been made for Mid Wales Growth Deal funding.

5.8 Update: Local Well-being Plan 2023-28 – Naomi McDonagh

NMc reported that the consultation phase for the draft Local Wellbeing Plan is still ongoing, and will come to a close on 31 January 2023. In accordance with the Wellbeing of Future Generations Act, the consultation must run for 12 weeks. With regards to engagement, NMc reported that a Press Release and social media posts have gone out with an additional round scheduled for 17

January 2023, relevant webpages including the Consultations site on the Ceredigion County Council webpage has been updated, and Public Services Board colleagues have received a copy of a digital pack of resources for sharing with their respective Communications Teams. A total of 32 stakeholders have been contacted promoting the consultation and requesting distribution amongst their networks, including elected members, Town & Community Councils, Disability Forum and Children & Young People Services Provider Forum.

Paper copies of the draft Plan, response forms, Easy Read and Young Peoples versions as well as posters with QR codes are also available at all Ceredigion libraries, including the mobile library vans. Paper copies of the consultation documents have also been circulated to Mirus and Mencap. An engagement event facilitated by the Co-production Network for Wales was held with 13 primary schools and 3 secondary schools, with excellent feedback received. NMc confirmed that child friendly versions of the feedback are in the process of being produced. The consultation was also promoted at an LGBTQ+ Winter Pride Event held in Carmarthenshire.

NMc confirmed that a reminder email would be circulated imminently, and urged partners who have not yet contributed to do so prior to the closing date. The responses will need to be analysed and the draft Plan amended to reflect the feedback received prior to final sign off by PSB members in April. NMc reported that the PSB have a statutory requirement to publish the new Local Wellbeing Plan 2023 by May.

ACTION: The Partnerships Team to circulate a reminder email on the Local Wellbeing Plan consultation.

5.9 Natural Resources Wales' Response to the Local Well-being Plan Consultation – Rachel Jarvis

Rachel Jarvis (RJ) delivered a presentation on Natural Resources Wales' (NRW) consultation and approval process. As the NRW Board need to approve and sign-off 14 PSB Wellbeing Plans across Wales, a national framework to steer consultation responses and make clear recommendations to the PSBs was devised. A copy of the draft response was circulated to group members for their consideration prior to the meeting, and any comments, questions or feedback was welcomed. RJ explained that the response was structured using NRW's National Framework, and that 5 key categories have been utilised in order to review each of the Wellbeing Objectives. The approach aims to facilitate the process of approving the Plan by the NRW Board, and ensure that the organisation, alongside partners, are able to deliver on the aims and objectives outlined.

An overview of the draft response was delivered by RJ, including NRW Feedback, Aspirations for Future Well-being Plan Delivery and NRW Contributions against each proposed Objective. With regards to Economic Wellbeing, RJ explained that NRW would like the Plan to be better aligned with the Mid-Wales Growth Deal (MWGD), reinforce the potential for Brexit and the newly proposed Welsh

Government Sustainable Farming Scheme to drive significant change, drive support for socially responsible public procurement and highlight natural assets as well as financial. RJ noted that NRW were pleased that the Plan recognised the importance of access to green and blue spaces as part of the Social Wellbeing Objective, but were keen to see reference to sustainable transport, increased engagement with communities, and recognition of the disproportionate impact on specific communities when it comes to environmental risks and hazards. In relation to Environmental Wellbeing, RJ noted that there had been extensive discussion at other sub-group meetings regarding the reference to water quality and phosphate pollution, and that it was agreed that the umbrella term of water quality would be retained which would also allow consideration of other issues relating to water such as the marine environment. RJ reported that NRW would be well placed to take the lead on a Climate Risk and Opportunity Assessment to inform how to progress a targeted approach for delivery for climate adaptation within Ceredigion. In response whether rural and environmental crime could be referenced as part of the Cultural Wellbeing Objective, NMc reported that the Ceredigion Community Safety Partnership are currently undertaking a Strategic Assessment of Crime and Disorder which will give an indication of the main issues affecting the local area. RJ confirmed that once the 3 PSB sub-groups have had an opportunity to reflect on the draft response and put forward any queries and feedback, that the document will be amended and submitted as a final response to the PSB.

5.10 Any Other Business

The Chair reminded members that meeting papers are uploaded to the sub-group's MS Teams site. A request was made for any members unable to access the Teams site to contact SD, and any new member to be included to the Team.

ACTION: All members to make sure they can access the Teams site, and get in touch with SD if not. SD to make sure new members are added to Team.

NMc reported that as part of a refresh of strategic plans and priorities, Hywel Dda University Health Board (HDdUHB) are looking to shift towards a Social Model for Health and Wellbeing (SM4HWB), and long-term community-driven focus on prevention. As part of discussions on this proposal, Lampeter has been identified as a potential area of focus to inform this piece of work, and as such, NMc proposed that the SM4HWB becomes a standing item on the sub-group's Agenda moving forwards, and a presentation provided at the next meeting to outline further detail.

ACTION: SM4HWB presentation to be provided at the next meeting, and appropriate (HDdUhb) representatives invited to attend.

ACTION: All presenters to circulate their presentations to SD, and the Partnerships Team to share with the sub-group.

Next meeting: 20-04-23, 10:00-12:00