

# PSB Project Group Report

Prepared by: Teleri Elias

<b>Well-being Plan Aim</b>	All place-based pilot projects will aim to address the 6 well-being aims as outlined in the Ceredigion Local Well-being Plan 2018-23. A place-based delivery framework will prioritise integration and will incorporate a deep-dive holistic approach to both community and individual resilience.
<b>Our Values</b>	Welsh Language, Tackling Inequalities, Involvement, Sustainability, Leading by Example.
<b>Project Group Name</b>	Improving Community Wellbeing and Tackling Hardship in Cardigan
<b>Chair</b>	<b>Hazel Lloyd-Lubran</b> , Ceredigion Association of Voluntary Organisations (CAVO)

<b>Project Group Membership</b> (Names in <b>bold</b> signify attendance at meeting)			
Ceredigion County Council	Cllr Elaine Evans, Llyr Hughes, Non Davies, Meleri Richards, Mari Hopkins, Rob Starr, Carys Owens, Cerys Purches-Phillips, Martin Gillard, <b>Catrin George</b> , Catrin Cond, <b>Alison Heal</b> , Dr Sarah Groves Phillips, <b>Carwyn Young</b> , Connor Cook, <b>Bethan James</b> , Cathryn Morgan, <b>Rob Star</b> , <b>Emily Edwards</b> , <b>Rhiannon John</b> , <u>Partnerships Team</u> : Sara Dafydd, <b>Lynne Walters</b> , <b>Anwen Thomas</b> , <b>Teleri Elias</b>	Wales & West Housing	<b>Rhiannon Ling</b> , Elizabeth Morgan
		Ceredigion Association of Voluntary Organisations	<b>Hazel Lloyd Lubran</b> , Chesca Ross
Hywel Dda University Health Board	Vicki Howell-Williams, <b>Sue John</b> , Terri-Ann Patrick, Jackson Reynolds, Megan Harris, <b>Jan Batty</b>	Ben Lake's Office	Carys Lloyd

Mid & West Wales Fire & Rescue Service	William Bowen, Wayne Thomas, Ritchie Felton	Natural Resources Wales	Aled Davies, Peter Frost, Sarah Coakham
Barcud Ceredigion	Catrin Owen, <b>Sue Thomas</b>	Menter a Busnes	<b>Ann Owen</b>
CAB Ceredigion	Glynis Llewelyn, Juliet Morris, <b>Sue Lewis</b>	Co-production Network for Wales	<b>Roxanne Treacy</b>

## SYNOPSIS OF PROJECT GROUP MEETING

### Key Points discussed at Project Group meeting: 23/10/23

#### **11.1 Welcome, Introductions and Apologies:**

Caitlin Theodorou, CCC  
 Cllr Elaine Evans, CCC  
 Carys Owens, CCC  
 Martin Gillard, CCC  
 Cerys Purches Phillips, CCC  
 Richard Felton, Mid and West Wales Fire Service  
 Chesca Ross, CAVO  
 Timothy Bray, CCC

#### **11.2 Minutes and matters arising from the previous meeting 18/4/23.**

The minutes of the previous meeting, which had taken place on the 18<sup>th</sup> April were noted and it was agreed that matters arising from the discussions had either been addressed or have now been reflected within the agenda for today's meeting and will subsequently be completed.

ACTION: Carys Huntly to send previous bulletin onto Sara Dafydd for circulation with the Cardigan subgroup.

ACTION: Cathryn Morgan to discuss with Rhiannon Ling to ensure the events are inclusive as possible.

ACTION: Hazel Lloyd-Lubran and Sara Dafydd to explore a Task + Finish group focusing on the engagement process.

### **11.3 Appointing a Chair**

Hazel Lloyd Lubran (HLL) informed the group that following her appointment as the new Chair for Ceredigion PSB she will now be looking to step down from Chairing this forum. This will assist both roles and HLL asked members, along with colleagues to consider this matter further ahead of the next pilot group meeting. However, in the interim HLL has agreed to continue in the role and delay her exit whilst the delivery and implementation workshops are being delivered by the PSB team. This will then provide an opportune time for the appointment of a new chair.

### **11.4 Appointing a Vice Chair**

HLL confirmed that they also hope to appoint a Vice Chair at the next meeting.

### **11.5 PSB Update: Local Well-being Plan 2023-28 – Governance & Delivery Framework for Ceredigion PSB – Including initial feedback from the PSB Workshops.**

A brief update was provided on behalf of Tim Bray, Partnerships & Civil Contingencies Manager and this was based upon the work which is being undertaken for the PSB, to hold Objective based workshops with partners.

The workshops have been focused upon the four objectives within the Well-being Plan and have been underpinned by the cross-cutting Poverty/Hardship theme. To date two workshops have been hosted with good attendance of around 20 in each. The first workshop was chaired by Dr Rhodri Llwyd Morgan, Aberystwyth University to consider how we can work together to enable communities to feel safe and connected, promote cultural diversity and increase opportunities to use the Welsh language. The second workshop was chaired by Dr Phil Kloer, HDdUHB and focused upon how we can work together to reduce inequalities within our communities and use social and green solutions to improve physical and mental health. There are another two workshops sessions coming up, 23.10.23 for Objective 3, focusing on how we can deliver decarbonisation initiatives within Ceredigion to protect and enhance our natural assets, Chaired by Gillian Perry, NRW and on Monday 6<sup>th</sup> November the workshop for Objective 1, how we can work together to achieve a sustainable economy that benefits local people and builds on the strengths of Ceredigion will be chaired by Ceredigion County Council.

Tackling hardship is a priority in all 4 workshops as a cross cutting theme and each workshop has focused upon each task and priority identified within the plan. Through a collaborative online program, Menti all participants have been asked to engage interactively and provide their input on prioritisation of delivery and implementation. Menti provides capabilities to question participants and to analyse and observe the feedback gained. After all workshops are completed, all feedback will be considered,

and a report will be prepared for the PSB to consider at its next meeting which is scheduled to be held on Monday 4<sup>th</sup> December 2023. From an implementation perspective for the Local Wellbeing Plan the PSB will consider where there are steering committees or other groups to deliver on actions and how the PSB can ensure that the reporting mechanisms are in place to gather all information.

Following this update HLL informed this group that they will consider and discuss the report at their next meeting which is currently being proposed for the 18<sup>th</sup> of January 2024.

#### **11.6 Presentation: Primary Care cluster profile for South Ceredigion Jan Batty, Senior Public Health Practitioner, Hywel Dda Public Health Team**

Following recent absence Jan Batty (JB) informed the group that she will deliver this full presentation at the next meeting.

However, in the interim a few points were noted today. JB noted that from the team, Dawn Davies who is mostly involved with primary care has drawn together the report which has been circulated to all project group members. The report brings together health information for the cluster of South Ceredigion and provides key indicators for future consideration. If any member has any feedback which they would like to discuss ahead of the next meeting they were kindly asked to contact JB directly.

In discussion HLL questioned, as many organisations tend to cover larger areas, whether links to mid and north Ceredigion would also be of potential value to members via this presentation. This could indeed be a matter for the consideration of the PSB.

**Action – Lynne Walters (LW) to provide this feedback as part of the PSB workshop consultation.**

#### **11.7 Shared Prosperity Fund update and projects to develop Cardigan Town in conjunction with the Town Council Catrin George (Rural Communities Coordinator, Ceredigion County Council)/ Rhiannon John (Rural Towns Development Officer) UKSPF**

Since April, Cynnal y Cardi have been working on delivering the UK Shared Prosperity Fund in Ceredigion. The UK Shared Prosperity Fund is a central pillar of the UK Government's Levelling Up agenda and a significant component of its support for places across the UK.

It provides three years funding for local investment. The Mid Wales Region (which is Ceredigion and Powys) has been allocated £42 million from 1st of April 2022 until the 31st of March 2025 with £14million being allocated to Ceredigion.

The UKSPF succeeds previous European funding and has been designed to build pride in place, empower local people and develop communities.

Two open calls have been made for applications and these have resulted in 127 applications being received. From these 33 projects were approved by the assessment panel.

3 of those approved projects have a focus in Cardigan and these are:

- **Reverb – Area 43**

Reverb is a training and employability scheme, offered to currently economically inactive, unemployed young people from their client group. The focus here is predominantly based upon those experiencing mental health issues, anxiety, disabilities, or disadvantage.

The programme enables young people to gain skills and practical experience within a safe, supported environment, increasing their prospects within the wider economy. The focus is on increasing their accessibility to support through empowering them, to gain employment and it is hoped that in turn this will assist local businesses by helping them to address the current labour shortage.

- **Ceredigion Advice Bureau – Ceredigion Information and Advice Network**

Ceredigion's new Information and Advice Network (CIAN) will ensure there is 'no wrong door' for local people needing help, information, advice or support. A digital referral system will allow Network participants to deliver seamless wrap-around services, no matter the problem or where people seek help.

- **Antur Cymru - South Ceredigion Business Support**

Cardigan based business support which will support pre-start, early-stage and existing businesses, empowering individuals, and businesses by enhancing business skills. Tailored in-person training and advice will be delivered at a local level via a location based within the Town.

### **Multiply**

This funding opportunity closes on the 29th of October. The Multiply budget is separate to the 'Core' SPF budget covering Communities and Place; Supporting Local Business; and People and Skills and is all revenue support with no capital element. It aims to improve numeracy skills through free personal tutoring, digital training, and flexible courses and the target audience are adults aged 19 and over who do not have a GCSE Grade C or above (or equivalent) in maths.

### **Transforming Towns Projects in Cardigan**

The Transforming Towns Place Making Grant offers support for a wide range of projects, from green infrastructure developments to internal and external commercial and residential improvements for business owners.

**Action** – HLL to request details at the next steering group meeting of the projects and funds raised for Ceredigion under Cynnal y Cardi. Also, a re-look will be requested of the data that Rob Starr and the team have gathered. It was also agreed that the Multiply projects aimed at Cardigan need to be considered and information shared with SPF partners.

Cynnal y Cardi have launched 2 grant schemes, one to support local businesses and one for local communities. Both opportunities close on the 31<sup>st</sup> October and both have 2 grants each. All members were advised that if anyone is interested in applying please send a brief email to Cynnal y Cardi and they will then check on eligibility prior to the submission of a full application.

At the next meeting CG confirmed that they will have a list of projects which have been approved by the small grants scheme.

**Action** – Invite Cllr Clive Davies to give a presentation on the Free Wi-fi data project at the next meeting.

**Action-** HLL noted that Catrin George and the team are working on the 33 County wide projects that have been successful and once this has been completed, they will share details with the group.

### **11.8 Update on the Ceredigion Food Network project**

#### **Ann Owen, Menter a Busnes**

Ann Owen (AO), Menter a Busnes has been in post for the last month. They are at the initial stages of the Ceredigion Food Network project.

The framework for action for food networks identifies 6 key issues that should be addressed together to achieve fundamental food system change. These are namely:

1. **Food Governance and Strategy:** Taking a strategic and collaborative approach to good food governance and action.
2. **Good Food Movement:** Building public awareness, active food citizenship and a local good food movement.
3. **Healthy Food for All:** Tackling food poverty, diet related ill-health and access to affordable healthy food.
4. **Sustainable Food Economy:** Creating a vibrant, prosperous, and diverse sustainable food economy.
5. **Catering and Procurement:** Transforming catering and procurement and revitalizing local supply chains.

## 6. **Food for the Planet:** Tackling the climate and nature emergency through sustainable food and farming and an end to food waste.

AO noted they have secured collaboration funding, to work collaboratively with other organisations such as schools, community gardens, health boards and food banks. In order to raise awareness of this funding, they have 3 events which will be held in-person at Aberystwyth on the 7<sup>th</sup> of November, Lampeter on the 14<sup>th</sup> of November and Cardigan on the 15<sup>th</sup> of November. They will also be holding online events too.

**Action** – AO to send details of the 3 events on funding to the Partnership team for circulation.

In discussion Alison Heal (AH) confirmed that delivery will continue this year and next year on the Welsh Government allotment support grant. AH has been working at trying to get the situation at Cardigan allotments association regulated but this work is on-going. They have a new asset development manager Graham Lane who is assisting but it remains that there are issues involving a field near the current allotments, AH asked the panel if anyone had interest in helping to resolve this issue to please contact her.

AH noted there needs to be a list held detailing the demand for allotments across Ceredigion which will ultimately prove the additional need for space. Unfortunately, as it currently stands a list doesn't exist and therefore demand is difficult to justify and confirm.

**Action** – AH to circulate a message when a meeting has been arranged to consider and sort out the Cardigan allotments issue.

In further discussion it was noted that there has been an increase in food related projects across the County, more organisations are looking at food as an element of what they want to do. AO confirmed that she was collating information and concentrating efforts on creating links with public, private and third sector organisation. HLL noted they CAVO have spoken to the lead dietician in Hywel Dda who is very keen to work with these community groups to ensure they are talking about nutrition and healthy eating as part of their route to improved wellbeing.

- **Action** – HLL suggested that Ann Owen attends the next meeting in January to update the forum of their projects.
- **Action** – Invite Aled Davies from NRW to advise and report on possible funding for different projects.

### **11.9 Project Scoping for Well-being Centre (Cardigan area)**

**Update by Carwyn Young (Corporate Manager Wellbeing Centres, Ceredigion County Council)**

Carwyn Young had provided an initial update at the previous meeting on what they intend to create with the second wellbeing centre in Ceredigion. Discussion with key groups have now taken place and their intentions are currently focused upon enhancing the facilities which they have in Cardigan town. They are currently at the stage of bringing in additional expertise to help develop the project and they have received funding from the regional integrated care fund for the feasibility study. This now places the project on the capital works program for the future.

They have brought in Alliance Leisure, and they have been tasked with 4 areas to work on:

- Architect Options appraisal – planning issues etc.
- Developing business feasibility – looking at existing facilities in the area etc.
- Facility mixes – potential facilities.
- Revenue modelling – costings.

They have produced documents based upon the work which has been carried out so far and this includes stake holder engagement. Their first draft of the survey has been completed and any further feedback on this matter would be useful.

**Action-** Carwyn Young to share the survey with the forum to provide feedback.

The current aim is to have sufficient information and costings to take to cabinet for formal decision on the preferred location of the Wellbeing Centre.

AH noted that the geographic proximity of the locations will need to be examined. AH noted phosphate is an issue in fresh water and in the sea and suggested CY contact the ecology department for guidance from the NRW in order to look at these early within the development process.

LW noted the recent Dwr Cymru announcement of £20 million available for improvements in Cardigan and asked the groups to consider potential opportunities to tap into contacts/individuals who will be leading on this work.

LW will resend a copy of the “Resources for Change” report to CY.

To end CY also noted that they opened the Wellbeing Centre in Lampeter in June. Their official opening is coming up at the end of October and they hosted their first event for the International Older People’s day. This was well attended and was very successful



with partners also using the day to network. CY noted that the next event which they are hosting will a menopause workshop at the end of October.

### **11.10 Any further Partner updates – All**

Bethan James (BJ), Porth Cymorth Cynnar -

- Drop-in sessions with a community liaison are now well established.
- Community connector drop-in every third Friday of the month at Maes Mwldan 10-3 with Carys Owens. Community connector drop-in held on the last Tuesday of every month at Cardigan Library 10-12 with Carys Owens.
- Looking at setting up new drop ins in the surrounding areas in the new year (Aberporth, Blaenporth, Llechryd, Pongarreg) which feeds into the Cardigan area.
- Currently in the process of recruiting 2 x Carers Development Officers (CDO). One CDO already in post with a view to get her out into the communities once she's settled.
- We continue to work on increasing the profile of community connectors within the Cardigan area and across Ceredigion.
- Community connectors continue to identify gaps in the area.

Hazel Lloyd Lubran, CAVO - They've been having discussions with the Building Community Trust, undertaking work with advisers that have been commissioned to research on a program that was launched a few months ago around supporting community anchor groups. They only have a few areas across Wales that are eligible for funding support and Cardigan area is one area that has been identified. If individual members wish to received further details please contact CAVO.

Rhiannon Ling, West Wales Housing Association – They organised a successful summer event at Pentop, over 50 children attended every session. They had multiagency involvement and provided warm food at every session. October half term they intend to run more sessions with targeted families that they want to come along.

### **11.11 Standing item: Do we need to liaise with Co-Production Network for Wales on any of the matters raised?**

Roxanne Treacy, Co-pro Network informed the group that they are currently operating a program training, Project Dewi. They have secured 5 years of funding from the National Lottery Community Fund to work with Public Service Boards on their implementation of co-production and involvement, with an initial focus on well-being assessments. Anyone interested in receiving additional information or to engage in the training can follow the link below for further information:

<https://copronet.wales/what-we-do/project-dewi/>

It was also agreed that opportunities for engagement work identified at today's meeting will be further discussed with partners.

**Next meeting: 18/01/2024**

DRAFT