

PSB Project Group Report

Prepared by: Teleri Elias

Well-being Plan Aim	All place-based projects will aim to address the well-being aims as outlined in the Ceredigion Local Well-being Plan. A place-based delivery framework will prioritise integration and will incorporate a deep-dive holistic approach to both community and individual resilience.
Our Values	Welsh Language, Tackling Inequalities, Involvement, Sustainability, Leading by Example
Project Group Name	Well-being in Lampeter
Chair Vice-Chair	Greg Jones , Ceredigion County Council Gwilym Dyfri Jones, University of Wales Trinity Saint David

Project Group Membership *(Names in **bold** signify attendance at the meeting)*

Ceredigion County Council	Timothy Bray, Sara Dafydd , Carwyn Young, Rhidian Harries, Robb Starr , Cathryn Morgan, Connor Cook, Sarah Groves-Phillips, Gethin Jones, Llinos Hallgarth, Lowri Evans, Lynne Walters, Rachel Auckland, Alison Heal, Cllr Ann Bowen Morgan , Sian Salcombe, Sara Humphreys, David Jones , Bethan James, Anwen Thomas, Teleri Elias, Eirlys Lloyd , Rachel Cutler	Natural Resources Wales	Aled Davies, Thomas Vetter
Hywel Dda University Health Board	Jina Hawkes, Peter Skitt, Terri-Ann Patrick , Meinir Harries, Nathan	University of Wales Trinity Saint David	Emyr Jones, Hazel Thomas, Laura Cait Driscoll

	Davies, Dr Phil Kloer, Jan Batty, Angela Burns, Trina Nealon		
Dyfed-Powys Police	Insp. Matthew Howells	Mid & West Wales Fire Service	Wayne Thomas , Iwan Cray
Barcud	Catrin Owen, Helen Draycott	CAVO	Hazel Lloyd-Lubran, Teleri Davies
Home-Start	Sharon Morris	Ysgol Bro Pedr	Deiniol Williams
Lampeter Food Bank	Julia Lim	Lampeter Family Centre	Elin Miles, Jen Leigh
Arts4Wellbeing	Mike Hotson , Sara Wentworth	Wales and West Housing Association	Rhiannon Ling
Co-production Network for Wales	Roxanne Treacy, Vikki Butler	Area 43	Becca Head

SYNOPSIS OF PROJECT GROUP MEETING

Key Points discussed at Project Group meeting: 29.01.24

9.1 Welcome, Introductions and Apologies:

The Chair welcomed members to the meeting. Apologies were noted for the following: *Elen James, Carwyn Young, Rachel Auckland, Connor Cook, Julia Lim, Gwilym Dyfri Jones, Peter Skitt.*

9.2 Minutes and matters arising from the previous meeting:

The minutes from the meeting held on 7 November 2023 were agreed as a true record of discussions. It was agreed that the actions recorded had been completed or included on the agenda for the meeting.

9.3 PSB Update and Feedback: Local Well-being Plan 2023-28 Governance & Delivery Framework:

Tim Bray (TB) confirmed that all feedback and responses given by partners at the Public Services Board's (PSB) four workshop sessions had now been considered, and key priorities identified under each Objective. TB reported that the PSB Support Team have been

creating an action tracker for the main priorities identified through the workshops, and that this can be shared with the Delivery Group following its presentation at the next PSB meeting in March. Eirlys Lloyd (EL) requested a meeting with TB with the aim of ensuring that the work of the Local Economic Partnership is captured within the Delivery Structure organogram.

It was noted that at the previous PSB meeting in December, members agreed to retain the delivery structure of the place-based Delivery Groups focussing on Lampeter and Cardigan, with this arrangement to be reviewed after 2 years. The third place-based Delivery Group previously focussed on Aberystwyth will become a thematic group called the Climate and Nature Delivery Group, in order to better encapsulate the broad nature of topics covered. TB confirmed that although the place-based Delivery Group focussed on Cardigan would remain in place, its name would also be amended to the Well-being in Cardigan Delivery Group, given that poverty and hardship are now cross-cutting themes across the entirety of the Well-being Plan. Further to this, TB noted that PSB members agreed to embed the ongoing work lead by Hywel Dda University Health Board (HDdUHB) on the Healthy Travel Charter into the Climate and Nature Delivery Group, with updates to be reported back to the PSB by the group's Chair, Gillian Perry (GP). Vikki Butler (VB) reported that a representative from the Co-Production Network for Wales (CPNW) would attend all Delivery Group meetings to facilitate engagement and involvement.

Following feedback from the workshops, PSB members also discussed the possibility of dedicating each quarterly PSB meeting to a specific well-being objective, to allow a deep-dive into certain pieces of work. TB reported that discussions around this concept are still ongoing, and that further work is required to establish and co-ordinate reporting timelines. With regards to the official launch of the Well-being Plan, TB noted that it had been agreed to convene a Task and Finish group to support this process and invited Delivery Group members interested in being a part of this group to put their names forward. EL and Mike Hotson (MH) confirmed their interest in being involved.

Action: PSB Support Team to circulate the Well-being Plan Delivery Plan to members following the PSB meeting in March.

Action: Eirlys Lloyd and Tim Bray to meet to ensure the Local Economic Partnership is represented in the Delivery Structure flowchart.

Action: Eirlys Lloyd and Mike Hotson to be invited to attend the Task and Finish group for the launch. All Delivery Group members to consider other suitable representatives, and share suggestions with Sara Dafydd.

9.4 Review: Well-being in Lampeter Draft Terms of Reference and Delivery Group Membership

Sara Dafydd (SD) noted that as part of finalising the Delivery Plan, the Terms of Reference (ToR) for each of the Delivery Groups and overarching PSB would need to be reviewed and refreshed. SD shared the ToR for the Poverty PSB sub-group as an example, and it was proposed that the ToR for the Well-being in Lampeter Delivery Group would reflect that of the Poverty sub-group to ensure

consistency. It was agreed that a first draft of the ToR would be drafted and circulated to the group for their consideration and comments in due course. A review of the Delivery Group's membership was carried out prior to the meeting, with an email circulated a few weeks prior asking members to confirm whether they would like to remain as part of the group. SD urged members who had not yet confirmed to do so, and to consider suggesting any relevant colleagues who would benefit from being part of the group's discussions in the future.

Action: PSB Support Team to draft and circulate the Terms of Reference for comment.

Action: All Delivery Group members to consider the draft ToR, and reply with any feedback.

Action: All Delivery Group members to confirm whether they wish to remain on the distribution list, and to suggest ideas for additional representatives who could add value to the group.

9.5 UK Shared Prosperity Fund – Lampeter Projects:

EL provided an update on projects carried out in the Lampeter area using UK Shared Prosperity funding (UK SPF). Lampeter Town Council has received funding of £35,000 which will look at improving the town centre as part of the Lampeter Improvement Plan. EL confirmed that several businesses are being supported as part of the Cynnal y Cardi project, and are currently in the delivery agreement stage. Ceredigion Association of Voluntary Organisations (CAVO) are delivering on UK SPF funded projects focussed on volunteering, specifically the Catalyst for Care project which will be examining different levels of care in Ceredigion alongside Ceredigion County Council (CCC) and Planed. It was also noted that the University of Wales Trinity Saint David (UWTSD) has secured funding through the ARFOR Challenge Fund which looks to explore solutions that strengthen the relationship between Welsh language and economy, in order to carry out a piece of research across the region on Welsh in the workplace. EL reported that the Cynnal y Cardi fund will be reopening on 1 February 2024, and the Team have been inundated with enquiries. The funding will need to be spent before December 2024. The group was reminded that the Team are also managing the Partneriaeth Bwyd Ceredigion project, which has been commissioned to Menter a Busnes. All projects funded by the UK SPF can be found on CCC's website.

Action: Invite a representative from Lampeter Town Council to attend the next meeting to present on the Lampeter Improvement Plan.

Action: Iwan Davies and Hazel Lloyd-Lubran to be invited to attend the next meeting for an update on the social enterprises that are progressing in the Lampeter area.

David Jones (DJ) recently attended an event hosted by the Lottery Community Fund on Green Careers funding that aimed to help young people aged between 16 and 30 in Wales into green careers. DJ noted that the first stage funding application window will close in April, and highlighted that there is scope to build an application as a county or regionally.

Action: PSB Support Team to share additional information on the Sustainable Steps Wales, Green Careers Lottery Community Fund.

9.6 Update: Local Nature Partnership Activity in Lampeter:

Rachel Auckland was unable to attend. No update was provided.

9.7 Youth Engagement Project:

At the last meeting, it was agreed that a steering group would be established to consider the next steps for a youth engagement project in Lampeter. SD confirmed that a broad range of partners had confirmed their interest in being a part of the group, and that a meeting would be set up in due course. Laura Cait Driscoll (LCD) is currently making some minor amendments to the final report, and it will be shared with steering group members once complete. SD noted that a Chair will need to be appointed for the steering group, and asked for volunteers or nominations to be sent to the PSB Support Team as soon as possible in order to progress this piece of work. EL suggested SD and LCD contact Alaw Rees (Menter a Busnes) who visits local schools to present on careers as part of the ARFOR 'Llwyddo'n Lleol' project.

Action: Delivery Group members interested in being part of the Youth Engagement Project steering group to contact Sara Dafydd.

Action: Delivery Group members to consider volunteering or nominating a suitable representative to Chair the steering group.

Action: Contact to be made with Alaw Rees (Meter a Busnes) regarding the Youth Engagement Project.

9.8 Standing Item: Social Model for Health and Well-being – Creating Change Together in Ceredigion:

Whilst a representative from HDdUHB was unavailable to attend to provide an update, SD noted that a deep-dive report about Social Model for Health and Wellbeing (SMfH&W) was produced for and presented at the Health Board's Strategic Development and Operational Delivery Committee meeting at the end of 2023. The report is in the public domain and contains a brief update on the SMfH&W activity in Ceredigion. Members were asked to contact the PSB Support Team if they were interested in reading the report. Greg Jones (GJ) reported that a meeting of the Creating Change Together in Ceredigion steering group met earlier that morning and included a presentation on HDdUHB's Community Development Outreach Team (CDOT) which gave an overview of their services and engagement activity with underrepresented groups within the community. GJ suggested that CDOT are invited to present at the next Delivery Group meeting.

Action: HDdUHB's Community Development Outreach Team to be invited to present at the next Delivery Group meeting.

9.9 Any Other Business:

SD gave a brief update on the main points raised at the most recent Partneriaeth Bwyd Ceredigion (PBC) steering group meeting. It was noted that 20 applications for funding had been submitted – 10 applications were successful in attaining full funding, and 5 projects received partial funding. One of the successful projects aims to map community growing spaces across the county in order to ascertain where there are gaps and potential for opportunities. SD proposed that contact is made with Eco Hub Aber who are leading on this project, to establish whether the Delivery Group can facilitate this piece of work.

Action: Sara Dafydd to contact Eco Hub Aber to establish whether the Delivery Group can support the community growing spaces mapping exercise.

• *Ideas for promotional activity video clips:*

TB reported that Ceredigion, Pembrokeshire and Carmarthen PSB's each have funding available to develop four, 90 seconds, lived experience videos. TB noted that consideration is being given to creating a video that would support the launch of the Well-being Plan, and asked members to contribute any additional ideas. GJ suggested promoting the Lampeter Well-being Centre and the concept of the Well-being Centres as a whole, with a focus on the National Exercise Referral Scheme (NERS) offer.

Action: Delivery Group members to share any ideas regarding the lived experience videos with Tim Bray.

SD shared an update on behalf of Connor Cook (CC), who had sent apologies for this meeting – CCC's Planning Policy Department are hosting a drop-in event to inform the Conservation Area Appraisal and Management Plan for Lampeter. The event will be held on Thursday 8 February 2024 at 4-6pm at Creuddyn, and aims to capture local knowledge and collate people's views about the conservation area.

Action: Sara Dafydd to circulate the link for the press release regarding the Conservation Area Appraisal and Management Plan drop-in event at Creuddyn.

The Chair thanked members for their time and brought the meeting to a close.

9.10 Date of next meeting: 18 April 2024 at 14:00-16:00

Summary of Actions:		
a.)	PSB Support Team to circulate the Well-being Plan Delivery Plan to members following the PSB meeting in March.	PSB Support Team
b.)	Eirlys Lloyd and Tim Bray to meet to ensure the Local Economic Partnership is represented in the Delivery Structure flowchart.	Eirlys Lloyd, Tim Bray
c.)	Eirlys Lloyd and Mike Hotson to be invited to attend the Task and Finish group for the launch. All Delivery Group members to consider other suitable representatives, and share suggestions with Sara Dafydd.	PSB Support Team, All Delivery Group Members
d.)	PSB Support Team to draft and circulate the Terms of Reference for comment.	Sara Dafydd
e.)	All Delivery Group members to consider the draft ToR, and reply with any feedback.	All Delivery Group Members
f.)	All Delivery Group members to confirm whether they wish to remain on the distribution list, and to suggest ideas for additional representatives who could add value to the group.	All Delivery Group Members
g.)	Invite a representative from Lampeter Town Council to attend the next meeting to present on the Lampeter Improvement Plan.	Sara Dafydd
h.)	Iwan Davies and Hazel Lloyd-Lubran to be invited to attend the next meeting for an update on the social enterprises that are progressing in the Lampeter area.	Sara Dafydd
i.)	PSB Support Team to share additional information on the Sustainable Steps Wales, Green Careers Lottery Community Fund.	PSB Support Team
j.)	Delivery Group members interested in being part of the Youth Engagement Project steering group to contact Sara Dafydd.	All Delivery Group Members
k.)	Delivery Group members to consider volunteering or nominating a suitable representative to Chair the steering group.	All Delivery Group Members
l.)	Contact to be made with Alaw Rees (Meter a Busnes) regarding the Youth Engagement Project.	Sara Dafydd, Laura Cait Driscoll
m.)	HDdUHB's Community Development Outreach Team to be invited to present at the next Delivery Group meeting.	Sara Dafydd
n.)	Sara Dafydd to contact Eco Hub Aber to establish whether the Delivery Group can support the community growing spaces mapping exercise.	Sara Dafydd
o.)	Delivery Group members to share any ideas regarding the lived experience videos with Tim Bray.	All Delivery Group Members
p.)	Sara Dafydd to circulate the link for the press release regarding the Conservation Area Appraisal and Management Plan drop-in event at Creuddyn.	Sara Dafydd